Sacred Heart Catholic School

Parent/Student Handbook 2025-2026



4050 Hubbard Ave N. Robbinsdale, MN 55422 School: 763.537.1329

www.sacredheartschoolrobbinsdale.org
https://educate.tads.com/educate/
https://www.facebook.com/SHCSRobbinsdale

INTRODUCTION	4
MEETING THE NEEDS OF STUDENTS	5
UNIFORMS/DRESS CODE	10
FINANCIAL OBLIGATIONS	12
HOMEWORK EXPECTATIONS	15
CURRICULUM	16
GRADING	18
CAR DROP OFF AND PICK UP	19
AFTERSCHOOL CARE - KIDS CLUB	19
BREAKFAST/LUNCH PROGRAM	20
GUIDING PRINCIPLES CONCERNING HUMAN SEXUALITY AND SEXUAL IDENTITY FOR CATHOLIC SCHOOLS	21
WELLNESS POLICY	22
HEALTH SERVICES	26
SCHOOL COMMUNICATION	27
SCHOOL POLICIES & PROCEDURES	28
PARENT INVOLVEMENT & VOLUNTEERING	29
BEHAVIOR EXPECTATIONS FOR GRADES K-8	31
PRESCHOOL AGES 3-5 YEARS OLD	33
HARASSMENT & BULLYING	33
WEAPONS/EXPLOSIVES/DANGEROUS ITEMS	35
ATHLETIC PROGRAM	36
ACCEPTABLE USE POLICY OF THE NETWORK/INTERNET	3S
STAFF DIRECTORY	40

Mission Statement

Sacred Heart Catholic School is committed to instilling virtues and values rooted in Catholic teachings. We educate the whole child to ensure students are prepared to meet the challenges in the world as disciples of Jesus.

Philosophy

Nurturing Faith. Inspiring Minds. Serving Others.

Shaping Future Leaders

We are dedicated to:

Providing opportunities for children to grow in the Catholic faith.

Collaborating with parents to support their role as the primary educators of their children.

Encouraging children to be thoughtful, compassionate, and respectful to others.

Challenging students to meet high academic standards.

Promoting C-STEM educational opportunities.

Embracing communication, collaboration, critical thinking, and creativity.

Creating a growth mindset culture and supporting mental health.

Fostering a peaceful, welcoming, and safe environment for students to learn and play.

Engaging in local and global community service.

Partnering with our parish community to worship and learn from each other.

Sacred Heart Catholic School may introduce new rules, policies, and procedures, or modify existing ones, at its sole discretion at any time without advance notice and reserves the right to interpretation of its policies.

The administration of the school reserves the right to interpret rules and policies of this handbook as individual situations and needs arise. Such interpretations will take into consideration the following two principles: all questionable and enabling behavior must be addressed and confronted for the good of the individual, and when there is conflict of interest, the common good shall prevail.

The relationship between the family and the school is crucial for a student to be successful. For this reason, if there is a breakdown in the relationship between a family and the school, it is a disservice to the student, family and the school as a whole for the student to continue at the school. In this situation, a student may be required to withdraw from enrollment.

INTRODUCTION

RELIGIOUS FORMATION

At Sacred Heart Catholic School, our Religion program is intended to invite the children to a faith response that is living, conscious and active. Religion is integrated throughout the day to include collaboration with parents creating a firm foundation of the Catholic faith and Catholic social teachings. Through prayer, study, scripture, sacraments, liturgical experiences and service to others, the children will have opportunities to connect their faith to daily living. Our goal is for all students at Sacred Heart Catholic School to grow in their understanding of:

- The teachings and lived traditions of the Catholic faith and the celebration of the sacraments.
- Bible stories as it relates to everyday life.
- The development of morals based on our Catholic faith.
- The value of praying personally, communally, and liturgically.
- Living out the Catholic social teachings.

NONDISCRIMINATION POLICY

It is the policy of Sacred Heart Catholic School to comply with federal and state laws prohibiting discrimination and all requirements imposed by or pursuant to regulations issued thereto, to the end that no person in Sacred Heart Catholic School shall on the grounds of race, color, national and ethnic origin, sex, marital status, status with regard to public assistance, or disability be excluded from participation in, be denied the benefits of, or be otherwise subjected to discrimination under any educational program, employment, or activity operated by the school.

AGREEMENT TO BE GOVERNED BY PARENT/STUDENT HANDBOOK POLICIES

Parents/Guardians/Students agree to follow the policies and practices as described in the SHCS Parent/Student Handbook. Students and families who are not in compliance with school policies (behavior, attitude, or academic standards) or financial agreements may not be continually enrolled and may put their enrollment at risk. If tuition is unpaid at the end of any trimester of continuous enrollment, SHCS reserves the right to prevent the above-named student from beginning the next trimester.

ENROLLMENT and PRIORITY OF ACCEPTANCE

Enrollment is final upon receipt of the registration fee.

The term of your student's continuous enrollment begins with the initial signed enrollment agreement, and thereafter continues automatically for students in good standing through completion of grade 8 or until the official withdrawal procedures and contract termination is completed.

Open enrollment begins for current families that want to enroll a new siblings from December through the last day of January. Current school families must enroll by this deadline to reserve a spot for the next school year. After the deadline, we cannot guarantee a spot will be available.

On February 1st, new families may begin the admissions/enrollment process through TADS.

If a grade level is full, a wait list will be formed, based on the following priority:

- New siblings of current students.
- Students who are members of the Church of the Sacred Heart.
- Students who are children of school alumni.
- Students who are members of parishes that support the school.
- Students who are members of a neighboring parish.
- Students who are non-parishioners.

Children entering kindergarten for the first time must be at least five (5) years of age on, or prior to, September 1 of the year they wish to enroll.

Children entering first grade for the first time must be at least six (6) years of age on, or prior to, September 1 of the year they wish to enroll.

Revised 4/2023

MEETING THE NEEDS OF STUDENTS

At Sacred Heart Catholic School, we are dedicated to nurturing the spiritual, academic, emotional, and social growth of every student in our care. We strive to meet the diverse needs of all students while fostering an inclusive, faith-filled environment in accordance with Catholic teachings.

However, we recognize that there may be situations where a student's specific needs—whether academic, behavioral, emotional, or physical—exceed the resources and expertise available within our school. In such cases, and after careful consideration, we may advise the family to seek alternative educational options that are better suited to their child's needs. **Policy Guidelines:**

- 1. Commitment to Support
 - We are committed to supporting students to the best of our ability, utilizing the resources available at our school to address a wide range of needs. However, our capacity to provide specialized or intensive interventions may be limited by staffing, expertise, or other factors.
- 2. Identification of Needs
 - If it is determined through assessments, observations, and consultations that a student's needs go beyond what our school is equipped to provide, the administration will communicate this to the family in a timely and compassionate manner.
- 3. Referral to Other Educational Institutions
 - In cases where the student's needs significantly impact their academic or social progress, and where the school's resources are insufficient to address these needs, we may recommend the family consider transferring to another school or program that is better equipped to provide the necessary support.

While we strive to provide a nurturing environment for all, we understand that there may be circumstances where another educational setting can better serve a student's unique needs. We approach each situation prayerfully and with the utmost respect for the dignity of every child and family. Thank you for your understanding and partnership as we work to provide the best possible environment for all students at Sacred Heart Catholic School.

LENGTH OF SCHOOL DAY

- Sacred Heart Catholic School begins at 7:30 a.m. and ends at 2:10 p.m.
- Students should not arrive before 7:15 a.m.
- Students must be in the classroom by 7:30 a.m. or they will be marked tardy.
- Students who receive rides to school are expected to arrive by 7:20a.m.
- Students not picked up from parent pick-up by 2:20p.m. will be sent to Kid's Club and charged a fee.

SCHOOL OFFICE HOURS

Monday - Thursday, 7:00 a.m.-2:45p.m., Friday 7:00-2:30 pm

CLASS SIZES

Sacred Heart Catholic School K-8 program has placed a ceiling of 24 students per class. Some class sizes may be larger in order to accommodate registered families with more than one child.

Preschool class size is 10:1, with a ceiling of 20 (PreK4) and 16 (PreK3).

CLASS SCHEDULES

Copies of all classroom schedules are posted on teacher web pages. Any parent who does not receive one from the teacher may request one from the teacher.

ABSENCES AND TRUANCY

Regular attendance and punctuality are absolutely necessary if a child is to do his/her best in school. Sacred Heart Catholic School policy will adhere to the state of Minnesota regulations concerning school attendance. All work missed due to student absence must be made up as soon as possible. Absences and tardies affect a student's performance, and have shown to impact student learning and test results.

Examples of excused absences: sickness, medical/mental health appointments, family emergency, pre-arranged vacations, non-school competitions/performances.

Examples of unexcused absences: missing the bus, oversleeping, weather, babysitting, incomplete homework.

Procedures:

- By 7:30 a.m., parent/guardian must call and inform the school if child is ill, absent, or tardy, for ANY reason with an email or phone call.
- · If communication from a parent is not received, the school will call parent/guardian to determine the reason for the absence and to make sure the child is safe.
- · Three consecutive sick days require a doctor's note.
- · Any absence not called in will be recorded as an <u>unexcused</u> absence.
- A letter of concern will be sent after 3 unexcused absences. <u>3 unexcused tardies = 1 unexcused day.</u>
- · A child is considered truant after 5 unexcused absences. The school will contact the parent to discuss the truancy. If excessive absences/tardies continue, the school will file an educational neglect report to the County Family and Children's Services Division in accordance with state law.
- · If your child is sick for one day, please do not call for make-up work. Homework for grades 5-8 will be posted on Google Classroom.
- · If your child is well enough to come to school, please do not ask that he/she stay in for recess unless we receive a doctor's note.
- · If absence is due to work, travel, or some other reason, parent/guardian should notify the school prior to the absence. Homework will NOT necessarily be issued ahead of time for students who anticipate being out of school.

Tardiness

- School attendance is taken at 7:30 a.m. Students arriving after 7:30 a.m. are marked "tardy".
- Students arriving to school after 10:30 a.m., will be marked as $\frac{1}{2}$ day absent. In order to participate in any school extracurricular activities, students must be at school by 10:30 a.m. If a student leaves early on a given day due to illness, the student may not participate in extracurricular activities.

SCHOOL CLOSING

Sacred Heart Catholic School will determine when school will be closed due to weather. Listen to WCCO, KSTP, or KARE 11 for school closing information. We will notify parents by email, text, and post on our school website.

SCHOOL SAFELY DRILLS

Sacred Heart Catholic School follows the State of Minnesota's Non-Public School Safety Drill policy, which states that we must have at least five school lock-down drills, five school fire drills, and one tornado drill. Each classroom has instructions posted on where students/staff should go during the Safety Drills.

NONPUBLIC PUPIL AIDS

The state of Minnesota has authorized local public school districts to loan textbooks, standardized tests, and individualized instructional materials to pupils attending our school. Our students are also allowed access to existing district Secondary Pupil Guidance and Counseling Services programs and Pupil Health Services programs.

These programs will be requested on behalf of each student. If you do not wish to request these services please contact the school office no later than the first day of school.

SCHOOL ADVISORY COUNCIL

The School Advisory Committee is established by the Pastor, in accord with the Archdiocesan policy, to assist him and the principal with matters pertaining to Sacred Heart Catholic School. The council is advisory to the pastor and principal and cannot make decisions binding Sacred Heart Catholic School without the approval of the pastor.

The areas in which the council has responsibility for advisement includes:

- A. Planning
- B. Policy Formulation/Enactment
- C. Advisory role in financing
- D. Development, Public Relations, Marketing
- E. Provide representation for selection of the Principal

The School Advisory Council meets on the 3rd Wednesday each month (August-May) at 6 pm and meetings are open to the public. We encourage people to speak or raise issues to SAC and can do so by contacting the principal or chairperson 48 hours before the meeting to be placed on the agenda.

School Advisory Council Members

Fr. Bryan Pedersen, Pastor, non voting member Karen Bursey, Principal, non voting member

Mary Daugherty, Business Administrator, non voting member

Members:

Molly McGraw Healey, Margaret Anderson, Laura Carillo, Elise Hoverman, Rikki Mortl, Kelly Cunningham, Aimee Wilhelm, Becky Brouillard, Victoria Manos, Carrie Schildgen

SCHOOL ACCREDITATION

Sacred Heart Catholic School has been accredited by the Minnesota Non-Public School Accrediting Association (MNSAA) since 1990 and annual reports are submitted to this agency in order to meet MNSAA standards. Curriculum evaluation is an on-going process at our school. Programs are selected after careful study and consultation with the staff.

PARENT TEACHER COMMITTEE

Our Parent Teacher Committee (PTC) exists to create and promote goodwill and a strong community spirit by fostering a supportive and positive connection between parents, teachers, and students of Sacred Heart Catholic School. PTC supports the following events:

- Back to School Picnic
- Marathon picnic
- Santa's Workshop
- Catholic Schools' Week activities
- Teacher Appreciation Day
- Conference dinners for staff
- Special assembly for students
- End of year lunch for staff

All interested parents/guardians are welcome to join this committee. Meetings are held the 2nd Wednesday of the month, September-May at 5:30 pm.

Sacred Heart Catholic School provides many opportunities for students to become involved in activities after school. Throughout the school year, parents will be notified as to participation in: school patrols, Lego Robotics, piano lessons, choir, athletics, peer tutoring, karate, chess club, Youth Group, etc.

BAND (gr. 4-8)/ORCHESTRA (gr. 3-8)

Students have the opportunity to participate in our instrumental music programs through Totino-Grace High School. Students participate in an individual or small group lesson and participate in beginner or advanced band/orchestra practice. Band /Orchestra students perform in the winter and spring performance. Band payments are paid directly to Totino-Grace. Instruments may be rented through Schmidt Music.

****To properly master the concepts being taught in the classroom during lesson times, students must check with their teacher regarding any missed work.

ART ADVENTURE PROGRAM

In conjunction with the Minneapolis Art Institute, Sacred Heart Catholic School offers the Art Adventure Program for our school children. The goal of the program is for our children to appreciate and enjoy good art. The Art Adventure person presents a large color print of a famous painting or sculpture to a class. The children will discuss the picture and artist. Throughout the year, they are exposed to a wide variety of art works. This program runs for 8 weeks.

MONEY

All money brought to school should be in an envelope labeled with the child's name, grade, and purpose of the money. Money brought to school should be given to the teacher, who in turn will send it to the school office.

TEXTBOOKS

Students are assigned textbooks at the beginning if the school year. Each student is responsible for the care and condition of his or her books. Students will be expected to pay for books that are lost or damaged.

SCHOOL SUPPLIES

Students are expected to have certain supplies for their classes. A list of these supplies is provided to the parents prior to the start of the school year and is also posted to the school web-site over the summer. Copies can be obtained from the school office. The supply list is updated each spring.

USE OF VIDEOS

The purpose of using videos or movies in the classrooms is to enhance the curriculum and teaching, provided the teacher previews the videos and receives approval from the administration. Only "G" rated movies are shown in classrooms. PG rated movies are shown only with signed parent approval.

RECESS/GYM

All students in Pre K -8th grade are expected to participate in recess and gym class. Requests to excuse students from recess/gym must be made in writing and will only be honored when accompanied by a doctor's note with the number of days to be excused. Please dress your child appropriately for outdoor recess. Indoor recess will occur when temperatures/wind chill fall below -10, or it is raining.

BIRTHDAY TREATS/INVITATIONS

If a student wishes to bring a birthday treat or special treat for a celebration, we <u>mandate</u> that he/she refrain from bringing a food and/or drink. Other options could include pencils, stickers or a book donated to the classroom or the library in the child's name commemorating the special day. The school does celebrate birthdays by announcing over the intercom and acknowledging in the classroom. Birthday students may be out of uniform on this special day. We will celebrate June, July, August birthdays at the ½ year mark.

Because we are a small school and wish to maintain an inclusive environment, we ask that ALL invitations be mailed and gift giving take place outside school. A class list may be requested at the school office.

STUDENT RECORDS

School parents are entitled to review student records. The Family Educational Rights and Privacy Act (20 U.S.C. & 1232g.; 34 CFR Part 99) is a federal law that protects the privacy of student education records. The law applies to all schools that receive funds under an applicable program of the U.S. Dept. of Education. FERPA gives parents certain rights with respect to their children's education records. Parents have the right to inspect and review the student education records maintained by the school. Schools are not required to provide copies of records unless, for reasons such as great distance., it is impossible for parents or eligible students to review the records. Schools may charge a fee for copies.

SMART DEVICES

For the purposes of this policy, "Smart Device" refers to any internet-enabled tool with a visual display or screen. Common examples include smartphones, smart TV's, computers, iPads, Chromebooks, and smart watches.

Sacred Heart Catholic School discourages students in grades 5-8 from bringing Smart Devices to school and prohibits it for students in PreK-4th grade.

For children in grades 5-8th, we recognize some parents may make the decision to allow their child to bring Smart Devices to school. In this case, the following policies are in place under normal circumstances and exclude emergency situations.

- Parents who send their children to school with a Smart Device are required to sign an Informed Consent form acknowledging the risks that Smart Devices pose to child development and confirm they are teaching their children about these risks and taking steps to minimize them. Students are not allowed to use a personal Smart Device on school grounds without this consent on file.
- Students are not allowed to use personal Smart Devices during off-campus, school-sponsored field trips that occur during regular school hours.
- The school will take reasonable measures to protect and secure personal Smart Devices during the school day. However, parents who send their children to school with a Smart Device accept the possibility of loss or damage and will hold the school harmless for any loss or damage.
- Students must turn off their cell phone/Smart watches, etc. in homeroom at the start of the school day and place it in the pocket chart provided. Students may pick up their device in homeroom at the end of the day. Students using personal electronics without teacher permission during the school day will be given a disciplinary referral.

Note: To contact your child during the day, please call the school office and we will pass the message on to your child. Revised 4/2023

TRANSFER OF STUDENT RECORDS

Sacred Heart Catholic School student records will be transferred upon receipt of written notification from the Records Clerk for the prospective school.

Student records will not be given to a student's parent/guardian.

PESTICIDE APPLICATION AT SCHOOL MN STATUTES 121A.30

The Parents Right to Know Act of 2000 requires schools to inform parents and guardians if they apply certain pesticides on school property. Specifically, this law requires schools that apply these pesticides to maintain an estimated schedule of pesticide applications and to make the schedule available to parents and guardians for review or copying at each school office. State law also requires that the public is told that the long-term health effects on children from the application of such pesticides, or the class of chemicals to which they belong, may not be fully understood. If you would like to be notified prior to unscheduled pesticide applications (excluding emergency applications), please contact the school office at 763-537-1329 for more information.

SMOKING POLICY

Based on the MINNESOTA CLEAN INDOOR ACT IN SCHOOLS of 1975 and in order to portray a positive model for Sacred Heart Catholic School, no smoking is permitted in the school building or on the school or parish grounds.

TRANSFER OF NEW STUDENTS

Careful consideration is taken for new students that enroll after the 1st day of school. Sacred Heart may ask to see student records and/or a letter or recommendation from the child's prior school.

PROBATION-NEW AND TRANSFER STUDENTS

All new students are on probation for the first trimester. If the student fails to comply with the school philosophy/core values, code of behavior, or academic expectations, the parents will be asked to withdraw their child from the school. This will occur at a formal conference with the parents after direct help from the teacher(s), parent(s), and principal. It is a privilege to attend a Catholic school, but the school's adherence to specific standards, values, and resources may not be the best school setting for some students.

UNIFORMS/DRESS CODE

NORMAL UNIFORM ATTIRE PER DAY

Monday-Normal uniform attire
Tuesday-Normal uniform attire
Wednesday- Spirit wear optional or normal uniform attire
Thursday-Normal uniform attire
Friday-Mass uniform
****Some days may be designated as out of uniform days

Uniform Vendor: Donald's Uniform Company

http://www.donaldsuniform.com

Two Locations:

972 Payne Ave., St. Paul 651-776-2723 (Main Store)

4 Shady Oak Rd., Hopkins 651-776-2723

The uniform symbolizes respect for authority and order, as well as the idea of basic equality. Sacred Heart Catholic School students in PreK-8 should wear their uniforms in a manner that reflects pride in their personal being and in their school.

SCHS students are required to wear uniforms during the school day. It is the parents responsibility to ensure that their child/children are appropriately dressed.

The basic uniform colors for SHCS are red, white and navy blue. Donald's Uniform is the official uniform supplier of SHCS and families are encouraged to purchase uniforms from Donald's Uniforms. Uniforms may be purchased at the store or online. If you use the school code (SacredHeartSTS), orders will be shipped to the school once a month to save on shipping.

Families who elect to purchase uniform clothing elsewhere are forewarned that the clothing must follow the basic uniform colors and style. The uniforms are to be appropriately sized, neat, clean and in good repair. Uniform clothing may not be altered in any way.

NORMAL UNIFORM ATTIRE

Shirt Options

- 1. SHCS logo shirt (knit or performance) white or red, banded or non-banded, LOGO SHIRTS REQUIRED on liturgy days
- 2. Solid white polo, long or short sleeve
- 3. Only red SHCS logo shirts may be worn, No plain red polo allowed
- 4. Shirts must be long enough to tuck in or have a banded waist

Sweatshirts

- 1. SHCS Microfiber Fleece or Performance Sweatshirts navy blue or red SHCS logo Microfiber Fleece or Performance
- 2. SHCS sweatshirts –red or blue with logo

All sweatshirts need a red or white polo underneath.

Middle School Attire (grades 6-8)

Navy Sport-Wick Fleece Full Zip Jacket—must wear a white or red polo. RAMS Hooded Sweatshirt -May only wear on spirit days and athletic events. Available only at Donald's Uniform.

Jumper/Skort/Skirt

Plaid uniform jumper Grades K-5 (#9868) Skort (#4068). Middle school girls may choose to wear the jumper/skort. Bike shorts may be worn under a jumper, never alone. Navy skorts/skirts are **not** allowed.

Pants

Solid navy blue twill

- Pants with any type of cargo pocket are not allowed
- Sweatpants/yoga type pants are not allowed
- Relaxed fit pants only

Socks and Shoes

- Solid white or navy socks or tights must be worn at all times
- Shoe style must cover the whole foot with no open toes, sides or backs
- Shoes with built-in wheels, in-line skates, crocs, slides, high platform shoes, etc. are not permitted

Hair

Hairstyles that draw undue attention to the students will not be permitted. Highlights, braids and extensions must be of a color that occurs naturally in humans and not be in contrast as to draw undue attention to the student. Hats, scarves, or any type of head covering is not permitted.

Nails

Fingernail decoration and length should not draw attention to the person or cause distraction to the student or to other students around them.

Sweater

Solid navy blue (long sleeve) button down cardigan worn over uniform shirt. Hoods and zippers are not allowed

Shorts

Solid navy blue shorts or Capri pants

- Short length must be 2 inches above the knee or longer
- No blue skorts allowed

MASS DAY UNIFORM

Students may wear the following with blue uniform pants:

- 1. Red or white SHCS logo shirt, long or short sleeve
- 2. Red or blue performance pullover or logo sweatshirt
- 3. No spiritwear allowed on Fridays.

***Girls, K-5, are encouraged to wear the SHCS plaid jumper/skort with the short or long sleeve SHCS logo shirt, however, the jumper/skort is NOT mandatory.

GYM UNIFORM, GRADES 6-8

Students in grades 6-8 are required to wear the Sacred Heart gym uniform available through Donald's Uniform Company.

Navy gym shorts

Gray athletic Rams T-shirt

Socks/tennis shoes must be worn during gym class.

Students will maintain a gym locker. Students will be required to take gym uniform home to be washed

SACRED HEART SPIRIT WEAR

Purchase at Educational Outfitters, St. Louis Park 952,927,6778

http://minnesota.educationaloutfitters.com/find-my-school/sacred-heart-catholic-school/

Spirit wear is NOT part of the Normal Uniform Attire for SHCS students. Spirit wear is a privilege and will be considered only an occasional option. Spirit wear may only be worn on <u>Wednesdays with either uniform pants</u>, short, skort, or <u>jumper</u>.

GENERAL UNIFORM GUIDELINES

General Appearance

- Shirts are to be tucked in at all times, unless the SHCS banded shirt is worn
- T-shirts worn under the uniform shirt are to be plain white, free of all lettering or graphics
- Pants and shorts are to be worn at the waist, above the hips
- Hair should be clean and well-groomed and not dyed an unnatural color
- Make-up and jewelry should be appropriate for school and not create distraction
- Hats, scarves, and sunglasses are not to be worn during the school day unless authorized for special events
- Shoes are to be neat and clean soled without a heel, boots should be worn when appropriate.

NON-UNIFORM ATTIRE - Non-Uniform coupons allowed on Wednesdays.

Students may occasionally be allowed the privilege of a non-uniform day. These instances may be for special occasions or earned through classroom award. Student cooperation is the key to the implementation and success of a non-uniform dress code. Non uniform clothing should reflect Christian values with respect to graphics, lettering and physical fit.

As parents of children in a Catholic school, please use your best judgment in regards to any example not listed. As with the regular uniform policy, students and parents are asked to comply with this policy, so it doesn't interfere with the education of our students. Students who do not adhere to the dress code may need to remain in the office until their parents

Shirts: The non-uniform policy includes shirts with sleeves, blouses, sweaters, sweatshirts, turtlenecks, knit shirts or T-shirts. Midriffs, tank tops, tight fitting tops in which the stomach and lower back show, under garments and shirts with indecent or inappropriate language, pictures, or ads are not allowed.

Skirts/Dresses/Shorts: Skirts, dresses and shorts must be mid-thigh which is the base of middle finger tip with arms fully extended at side. If shorter dresses are worn, then opaque tights or leggings must be worn. No biker shorts or cut offs allowed.

Bottoms: The non-uniform policy includes slacks, jeans, cargo pants, athletic pants, or capris in good condition. Examples of some restrictions include: no jeans or pants with holes/tears/ripping, pants with writing across the back, low rider pants which display undergarments, flannel pants or pajama bottoms.

No leggings, jeggings, or yoga pants for grades 5-8.

Shoes: No Crocs, slippers, slides

FINANCIAL OBLIGATIONS

TUITION

The actual cost of providing your child a Catholic education at Sacred Heart Catholic School is Grades K-8, is approximately \$7755.00 a year. The parish invests a large percentage of this cost to help provide this education for your child(ren). It is important to the future of our school that you:

- 1. Continue your stewardship gifts to the parish
- 2. Consider paying the actual cost or a percentage of the actual cost through Fair Share.

ANNUAL SUBSIDIZED TUITION INVESTMENT:

Grades K-8

First/Second Child: \$6625 3rd Child Discount: \$1000 4th Child Discount \$1250 Non-parishioner: \$8155

PAYMENT PLAN

Families may decide to pay tuition in full by July 15th payable to Sacred Heart Catholic School or families may set up an auto withdrawal account through TADS. TADS charges a one-time processing fee of \$43 when you activate your account. Through TADS, you may select to pay monthly (over 10 months), quarterly, semi-annually or in full.

CONTINUOUS ENROLLMENT

The term of your student's continuous enrollment begins with the initially signed enrollment agreement, and thereafter continues automatically for students in good standing through completion of grade 8 or until the official withdrawal procedures and contract termination is completed as stated herein. By signing and returning this contract to SHCS, the parties entering this contract acknowledge their contractual obligation and agree to pay the annual tuition as designated by the School plus any related fees in full.

Notwithstanding the automatic re-enrollment of students in this Continuous Enrollment Contract, SHCS retains the right, and its sole determination, to terminate the Continuous Enrollment Contract and the student's enrollment or re-enrollment at any time. Families will be responsible for tuition according to the schedule set forth in the Cancellation and Withdrawal Process set forth below.

Cancellation and Withdrawal Process and Related Tuition payments

Enrollment for the next enrollment year will occur automatically and families will be responsible for tuition according to the Withdrawal schedule below, unless written notification of cancellation is provided to the principal prior to May 30th.

Terms of release from tuition payments and contractual obligations are as follows: Cancellation:

• If notification of cancellation is received by SHCS prior to May 30th, the student will not be enrolled at SHCS for the next enrollment year, and no tuition for the next enrollment year will be charged.

Withdrawal:

- Notification of withdrawal after May 30th but prior to July 30th: tuition for the enrollment year will be charged one month of tuition.
- Notification of withdrawal on or after July 30th but prior to September 15: tuition for the enrollment year will be three months of tuition.
- Notification of withdrawal after September 15th: tuition will be charged the remainder owed for the school year.

The above schedule is effective, whether the withdrawal is for expulsion, dismissal, transfer, or otherwise. Under any withdrawal circumstances, the technology fee is non-refundable and will not be prorated.

Revised: 1/2024

PAST DUE TUITION

In the event that payments are not received according to the payment plan per the tuition agreement, the following conditions apply:

- 1. The responsible party is liable for a bank service charge to be imposed immediately on any dishonored check.
- 2. The responsible party is responsible for any late fees assessed by TADS. Fees are stated in their agreement.
- 3. Our parish administrator will be involved with any delinquent tuition past due 60 days.

Enforcement

- 1. Students may not receive end of year report cards.
- 2. Students may not participate in graduation ceremonies/activities.

- 3. Students may not begin a new school year, without resolving any outstanding tuition PRIOR to a student permitted to attend school in the new year.
- **Exceptions may be approved only by the administration.

TERMINATION

Sacred Heart Catholic School retains the right, at its sole determination, to expel, dismiss, or otherwise unenroll a student and terminate the tuition agreement at any time. I understand that under such circumstances, tuition or other fees may still be due.

TUITION SCHOLARSHIPS

Sacred Heart Catholic School uses TADS Financial Aid Assessment to determine the needs of each family that applies for a scholarship. Families will be required to apply for a scholarship by the given deadline as the school and parish have limited resources.

Families who receive financial aid will be required to uphold the timescale for tuition payments. Those who fail to uphold the timescale will not be eligible for future tuition scholarship awards.

Apply online at www.tads.com and click on the Family Login Button. Use our school code SP23364000. Call TADS at 1-800-477-8237 for more information.

FUNDRAISING EXPECTATION

Fundraising is an integral part of our school community and its continued success. Fundraising opportunities are pre-determined and new fundraising efforts are approved by the school principal and Pastor after consultation with the School Advisory Council and Parish Finance Committee. This process eliminates scheduling conflicts and ensures compliance with the Parish/School's mission statement and philosophy. Archdiocesan and legal regulations are also considered when planning fundraising programs and events.

Annual Sacred Heart Fundraising Requirements

All Sacred Heart families are responsible to fundraise a total of \$300.00 per student. This fundraising amount is built into the annual budget and helps keep tuition affordable. Families may either choose to add the \$300.00 per child to the tuition contract at the beginning of the year or families may fundraise the \$300.00 per child through any or all of the following events:

- 1) Annual Marathon for Non-public Education (October). Sacred Heart keeps 100% of proceeds. \$300.00 per child recommended at a minimum. The Marathon is Sacred Heart Catholic School's main fundraising event.
- 2) Christmas Wreaths-(October) Students sell wreaths, and other holiday decorations with 30% of sales benefitting the school. Delivery by Thanksgiving.
- 3) Gertens Plant Sale (March) 30% of the proceeds benefit the school and qualify towards fundraising dollars.

Optional Additional School and Community Fundraising Events

There are additional School and Community fundraising events that Sacred Heart Catholic School participates in throughout the year. These fundraisers do not qualify towards the \$300.00 fundraising requirement per child but are necessary in providing needed additional fundraising dollars throughout the year as well as providing Sacred Heart families a chance to come together, stay connected and have fun. These additional school and community fundraising activities are listed as follows:

- 1. Family Fun Fest (September) This is our main parish fundraiser
- 2. Book Fair (January/February) Money raised helps purchase new books for our school library.
- 3. Fish Fry (Fridays during Lent)
- 4. Annual Gala (February)
- 5. 8th grade environmental trip-Our 7th graders fundraise for their 8th grade trip by selling poinsettias, butter braids, etc.

OTHER FEES

Students will be charged for extra-curricular fees such as athletics, band, orchestra, after school classes, 8th grade class

trip, youth group activities, hot lunch, etc. Individual classrooms may collect funds for staff gifts, classroom parties, student gift exchange. This will be communicated by each classroom teacher and/or room parent.

HOMEWORK EXPECTATIONS

HOMEWORK POLICY

Homework refers to tasks that the student is assigned to do on his/her own time after school hours. Homework assignments serve as a means of providing a bond of common effort between parent/guardian, child, and teacher. In order for homework to be effective, each participant--teacher, student, and parent/guardian--must understand and be committed to carrying out his/her responsibility. If any of the three (parent/guardian, teacher, student) do not fulfill their responsibilities, then the positive effects of homework will be reduced and may cause a negative impact on the student's learning.

Homework Responsibilities of Teachers:

- Communicate to students and parents/guardians homework goals and expectations.
- Set clear and concise expectations concerning assigning, returning, and evaluating homework.
- Coordinate homework assignments with other teachers with whom students work, and who may assign homework.
- Assign appropriate homework according to students' needs.

Homework Responsibilities of Students:

- Know and understand the purpose of the homework assignment.
- Be responsible for copying assignments into assignment notebook, understanding directions, and knowing what is required for completion of the assignment.
- Be responsible for completing and returning assignments.
- Understand when some assignments are to be completed independently, others as a team effort.
- Complete assignments neatly and do quality work.

Homework Responsibilities of Parents/Guardians:

- Maintain a positive attitude towards learning and the value of homework.
- Be aware of the homework policy and individual teacher requirements.
- Help your child find a study area that is quiet and relatively free of distractions.
- Be patient with your child and praise him/her for any effort made.
- If the child has trouble understanding the directions, help her/him with explanations. DO NOT DO THE HOMEWORK FOR THE CHILD.
- Look over the assignment to affirm completion and quality. Praise your child.
- Support the teacher and the child. Get both sides of a story before making a judgment.

HOMEWORK GUIDELINES PER GRADE LEVEL

(Homework includes "Home Reading" time.). This is a guide depending on how well your child uses class time. Kindergarten = 10 minutes

 1^{st} grade = 20 minutes

 2^{nd} grade = 30 minutes

 3^{rd} grade = 40 minutes

5 grade 40 minutes

 4^{th} grade = 40 minutes

 5^{th} grade = 50 minutes

 6^{th} - 8^{th} grade = 60 minutes

HOMEWORK IS POSTED IN THE FOLLOWING AREAS:

Teachers for grades 5-8 will post homework on Google Classroom.

CURRICULUM

RELIGION

At Sacred Heart Catholic School, our Religion program is intended to invite the children to a faith response that is living, conscious and active. Religion is integrated throughout the day to include collaboration with parents creating a firm foundation of the Catholic faith and Catholic social teachings. Through prayer, study, scripture, sacraments, liturgical experiences and service to others, the children will have opportunities to connect their faith to daily living. Our goal is for all students at Sacred Heart Catholic School is to grow in their understanding of:

- The teachings and lived traditions of the Catholic faith and the celebration of the sacraments, especially the Eucharist and Reconciliation
- Bible stories as it relates to everyday life
- The development of morals based on our Catholic faith
- The value of praying personally, communally and liturgically
- Living out the Catholic social teachings

The formal study of the Catholic religion, as well as curriculum which reflects Catholic values and tradition, are integral parts of our total education. It is Sacred Heart School policy that all students, including non-Catholics, attend religious instruction and liturgies. On Holy Days of Obligation, the students attend Mass on the holy day in lieu of Fridays.

SACRAMENTAL PROGRAMS

Students are prepared to receive Sacraments of Eucharist and Reconciliation in Second grade. The instruction for the Sacraments is within the normal course of the school day, while the preparation for the ceremony is done with the Faith Formation Program of the parish the family belongs to in conjunction with the parents. It is the parent's right to decide if a child is ready to receive the Sacraments.

RETREATS

Retreats play an important role in the faith formation of our youth. One retreat held every other year for middle school would occur during the school hours in conjunction with religion classes in grades 6 - 8. Advance notice will be given and a minimal student fee to cover costs will be necessary. Tuition assistance is available.

ALTAR SERVERS

Open to boys and girls in grades 3-8. The parish office distributes the schedule. Training is scheduled throughout the year by the pastor.

PROTECTION OF CHILDREN AND YOUTH INITIATIVE CURRICULUM

In response to the United States Conference of Catholic Bishop's mandate, the Archdiocese of St. Paul & Minneapolis has implemented the Protection of Children and Youth Initiative Safe Environment training program. This program uses the NetSmartz curriculum.

K-8 CURRICULUM

Sacred Heart Catholic School follows the MN State Standards in each subject area. Standards may be found at the MN Dept. of Education website:

http://education.state.mn.us/MDE/EdExc/StanCurri/K-12AcademicStandards/

Language Arts: reading, writing, spelling, vocabulary, speaking, listening

Math Science Social Studies Music

Art

World Language-Spanish

Media/Library

Physical Education

MUSIC PROGRAM

Concerts are school sponsored activities and are part of the curriculum. They are generally presented in the evening, twice a year. Any absences are considered as school absences and must be reported in advance by parents. A lowered music grade will result as a consequence for an unexcused absence during the dress rehearsal and/or evening performance.

SPECIAL SERVICES

Districts shall identify students and make available special education to all who are disabled, regardless of whether they attend a non-public school. The district must provide assessment, periodic observation, a review of progress and establish an ISP (Individual Service Plan), which generally involves tutoring by a special education teacher. The special needs of students in the non-public school are addressed through the public school district in three ways:

- 1. Classroom teachers see the needs of their students and consult with the Special Education teacher assigned to their building. Interventions may be suggested to meet the needs of the students. The needs may be in the areas of academic, speech, health, or motor skills.
- 2. If the interventions are not successful the student may be referred for assessment by either the school or the parent/guardian. If the school initiates the assessment, written parental/guardian permission will be required. Once the assessment is complete a meeting is set up to report on the results and possibly develop an Individual Service Plan (ISP).
- 3. The ISP may be written with the goals to help improve the areas of need. The services may be direct or indirect. Indirect service is done at the non-public site. Direct service is done off site and transportation is provided by the public school.

Title I

This program provides supplementary instruction in math, reading, and language arts to students who have been identified as "at risk." Computer-aided instruction may be an acceptable alternative to direct services.

The purpose of Title I is to provide assistance to State and local education agencies to meet the needs of children in the areas of math and reading. Students must meet federal guidelines to qualify for the program.

Working with the classroom teacher, the building Title I teacher identifies students and schedules them for appropriate, consistent Title I services which are provided on-site at Sacred Heart Catholic School.

FIELD TRIPS

Field trips are part of the educational program. These trips are designed to support the curriculum and introduce the students to community resources. Students are expected to participate in field trips and parents/guardians will be notified as soon as possible of the scheduled field trips.

Insurance regulations of the Archdiocese require the use of the parent/ guardian authorization form EACH TIME the students participate in a field trip. Failure to return the form and field trip fee means that the student may not go on the field trip and must stay at school. PHONE CALLS OR WRITTEN NOTES TO OR FROM PARENT/ GUARDIAN DO NOT FULFILL AUTHORIZATION REQUIREMENTS FOR PARTICIPATION. Field trip scholarships are available. Please contact the principal.

Whenever possible, field trip participants travel by bus. Should it be necessary to use transportation provided by parents in private vehicles, parents/guardians will be notified. All private vehicles used to transport students must have documented current registration and proof of insurance.

Chaperones are required to fulfill the Essential 3 as designated by the Archdiocese of St. Paul & Minneapolis. More information on volunteer opportunities and volunteer requirements are listed on the Volunteer page in the Parent/Student Handbook.

GRADING

GRADING

Sacred Heart Catholic School uses Educate by TADS management system for students' grades and we follow the Archdiocese of St. Paul & Mpls. grading scale for grades 5-8. The following grading system will be used to report students' achievement:

Academic Grading Scale

93.0-100.0 A 90.0-92.99 A-

87.0-89.99 B+

83.0-86.99 B

80.0-82.99 B-

77.0-79.99 C+

73.0-76.99 C

70.0-72.99 C-

67.0-69.99 D+

63.0-66.99 D

60.00-62.99 D-

0.00-59.99 F

The school's grading software program calculates the grades to the nearest 10 thousandths and does not round up. **EXTRA CREDIT** is not an option for late or missing homework.

Academic Grading Scale for 1-4:

- 4 = Exceeds Standards
- 3 = Meets Standards
- 2 = Partially Meets Standards
- 1 = Below Standards
- ***SHCS follows the MN State Standards for each grade level.

Successful Learning Behaviors

Works well independently

Works well with others

Able to monitor own behavior and use self control

Asks appropriate questions

Shows respect to others and property

Uses good problem solving and conflict resolution techniques

Completes work in a neat and organized manner

Show responsibility for work completion

Uses time well

Actively listens to teachers and others

Follows directions and expectations of the class

Successful Learning Behaviors Grading Scale

- 4 =Consistently
- 3 = Frequently
- 2 = Sometimes
- 1 = Rarely
- N/A = N/A

Disclaimer for Grades on Educate

Grades posted on Educate may not reflect current grades. Teachers reserve the right to add/delete/modify grades at their discretion.

Educate is meant to give you a good indication of your child's progress. Due to variations in the amount of time required to grade students' work, especially absences and late/missing work, the grades you see on Educate may not reflect the exact grade that he or she has at any point in time. Teachers will update Educate on a weekly basis.

In addition, parents and students are discouraged from attempting to average the tasks listed. Teachers may not show all tasks, and may weigh individual assignments or tests. The purpose of the posted grades is to list a child's current grade average in a class and show scores on individual tasks and highlight missing/late work.

CAR DROP OFF AND PICK UP

Parking

During school operation hours, families and visitors should park in the lot behind the school. No vehicles will be allowed on the Hubbard parking lot in front of the school due to recess activity.

K-8th grade Parent Drop off

Students may NOT be dropped off before 7:15 a.m. or parents will be responsible for monitoring your child before 7:15 a.m. Parents may park on 40 ½ Ave. N. and parents are asked to walk your child to the front doors of school between 7:15-7:25 a.m. Staff will be present to supervise students beginning at 7:15 a.m. Parents may also drop students off behind the school between 7:15-7:25 a.m. and enter the main parish/school entrance. Students will proceed to the front of the school and proceed to the front doors of the school. Students are not allowed to roam the halls or go their classroom.

Drop off after 7:30 a.m.

Students entering school after 7:25 a.m. will be marked tardy. Students will enter the school at the main entrance doors in back of school and proceed to the school office for a tardy slip.

K-8 grade Parent Pick Up

PreK and Kindergarten students will be dropped off and picked up on the West Broadway parking lot behind the school (Door 8). In the PM, parents will create a car line and we will walk your child to the car.

Grades 1-8 students will be dropped off and picked up on Hubbard Ave. and enter Door 5. In the AM, please drop off your child on the playground lot and students will walk to the corner where crossing guards will be present. In the PM, parents will make a car line starting at 40 ½ Ave. and Hubbard. Staff will direct students to their car.

<u>STUDENTS</u> WHO ARRIVE TO SCHOOL LATE OR LEAVE SCHOOL EARLY, PARENTS MUST SIGN IN THEM IN AT THE SCHOOL OFFICE.

<u>ALL VISITORS AND VOLUNTEERS</u> MUST SIGN IN AT THE SCHOOL OFFICE AND WEAR A "VISITOR" BADGE.

Entering/Leaving the School Grounds

Upon arrival on school grounds and until departure at the end of the day, the student's safety and welfare is the responsibility of the school. Therefore, it is necessary that once students arrive at school – off the bus, by car, by bike or by foot – they are to stay on school grounds. Because of the proximity of school grounds to busy traffic areas,, the school considers violations of this policy serious and will discipline accordingly.

The only exception to this is when a parent/guardian signs in/out for a specific reason (medical reason, etc.)

AFTERSCHOOL CARE - KIDS CLUB

Kids Club is the after school program at Sacred Heart School. This program is available for students in Pre-Kindergarten – 6th grade and is open days when school is in session during the school year. Our Kids Club after school program is open from 2:10 p.m. - 5:30 p.m. during the school year.

Location: Parish Convent Building (south corner of school)

Full and part time is available.

2:10-4:15 \$11.00 2:10-5:30 \$17.00

Parents MUST contact Kids Club by 10:00 a.m. if there is a schedule change. You can email at kidsclub@sacredheartschoolrobbinsdale.org or call and leave a message at 763-285-6279.

Kids Club staff will pick up students from school and walk them over to the convent after dismissal. A daily snack will be provided. If your child has a food allergy, we ask that you send a snack with them each day that is safe for them to eat.

There will be time allotted for students to do their homework in a quiet space. It is not the responsibility of a Kids Club staff member to force a child to do their homework, correct homework, or provide tutoring.

In order for your child/children to be released each day you will need to sign them out. The sign out sheet will be located in your file as you enter the Kids Club. Please have a picture ID with you at pick up. If a staff member does not recognize you or is new to our staff you will be asked for your identification. Only people listed on the emergency information and pick up form will be allowed to pick up your child/children.

Non-School Days-Kids Club will be open for some non-school days based on the number of students needing Kids Club. We must have 10 students each day to offer service.

BREAKFAST/LUNCH PROGRAM

Breakfast/Lunch Program (Note: Lunch and breakfast is free for all students during the school year.

The Federal Hot Lunch Program is operative at our school. Each student in grades $Pre K - 8^{th}$ grade may receive a nutritionally balanced breakfast and lunch with milk. Breakfast and lunch is free for students in K-8. PreK is not included in this program, so they may either purchase hot lunch or bring a bag lunch.

Meals:: Our school uses Trio Catering for our breakfast and hot lunch program. ALL MEALS MUST BE PRE-ORDERED 8 WORKING DAYS IN ADVANCE using our online program called Boonli. Students have one breakfast choice and two lunch choices each day. Since our lunches are catered, Trio only provides 2-4 extra meals each day, so parents must go online to pre-order to be guaranteed a meal.

Milk: Two kinds of milk are provided with hot lunch and are included in the price of each lunch. Students may purchase an additional milk with their hot lunch. The milk choices are 1%, and fat free chocolate.

****Per licensing, Pre-Kindergarten must drink 1% white milk.

Free/Reduced Lunch

Free and reduced lunch applications are made available in the school office or on our website. Federal guidelines to qualify are posted on the application.

Lunch Accounts

Sacred Heart Catholic School uses Boonli website for our lunch accounts. Parents may access this web site by clicking on the Boonli icon at the bottom of our school website. We recommend that parents order lunches for the entire month. The menu is posted the 15th of each month for the upcoming month to provide parents enough time to order.

Boonli ordering web site

https://sacredheart.boonli.com/login

Prior to a new month, families will access the Boonli web site to make a selection for the day, week, or entire month prior to the deadline. The account will be charged for each of the designated days, even when the child is absent or missed lunch. This is due to the fact that our lunches are catered and we are charged for each lunch ordered. If your child forgets his/her lunch, the child will be the last in line to make sure that all those that ordered a lunch, receive his/her lunch. There is no guarantee that lunch will be available. A one time family enrollment fee of \$10 will be charged the first month a family uses the Boonli web site. No enrollment fee is charged to free/reduced family accounts.

Procedures:

- The parent/guardian will pay by credit/debit card prior to the month ordering after menu items have been selected.
- Menu selections must be made before the deadline (7 days prior to the lunch date) designated by Lancer Catering to ensure accurate ordering and delivery of food.
- Any charges accrued during the month will be posted in the "cart" the next month (milk, forgotten lunch, etc.)
- Modification of the dollar amount may be made for students receiving free/reduced meals. This will be determined by the free/reduced application submitted.

Reimbursable Meals (USDA National School Lunch Program)

SHCS participates in the School Nutrition Program through the state of Minnesota and receive reimbursements for putting guidelines in place. More information may be found at www.education.state.mn.us

In the operation of child food programs, no child will be discriminated against because of race, sex, color, national origin, age, or handicap. If you believe you have been discriminated against, write immediately to the Secretary of Agriculture, Washington, D.C. 20250.

GUIDING PRINCIPLES CONCERNING HUMAN SEXUALITY AND SEXUAL IDENTITY FOR CATHOLIC SCHOOLS

GUIDING PRINCIPLES FOR CATHOLIC SCHOOLS AND RELIGIOUS EDUCATION CONCERNING HUMAN SEXUALITY AND SEXUAL IDENTITY

Purpose

The Catholic school is committed to providing a safe environment that allows students to flourish academically, physically, and spiritually. Catholic schools are obliged to provide an education and resources consistent with Catholic teaching. The starting point for Catholic education is a deeply held understanding that affirms the God-given irrevocable dignity of every human person. Catholic teaching permeates and shapes the ethos of Catholic schools. Informed by Catholic teaching, these Guiding Principles shall inform the creation of policies, handbooks, statements, employee agreements, training for employees, and the approach to accompaniment in the Catholic school of the Diocese of St. Paul and Minneapolis, thus ensuring that the immeasurable dignity of every child is protected and respected, particularly as it relates to foundational beliefs of the Catholic Church:

- God Created each person in body and soul "in His own image, in the image of God he created them; male and female he created them" (Gen. 1:27). The dignity of each person and the source of his or her most important identity is found in this creation in the image and likeness of God (CCC§364)
- God uses the body to reveal to each person his or her sexual identity as male or female. A person's embrace of his or her God-given sexual identity is an essential part of living a fulfilled relationship with God, with oneself, and with each other (Laudato Si§155).
- The harmonious integration of a person's sexual identity with his or her sex is an expression of the inner unity and reality of the human person made body and soul in the image and likeness of God (CCC§364-65).
- The physical, moral, and spiritual differences between men and women are equal and complementary. The flourishing of family life and society depends in part on how this complementarity and equality are lived out (CCC§2333-34).
- All students and families deserve interactions with Catholic school communities that are marked by respect, charity, and the truth about human dignity and God's love (Deus Caritas Est§20).

APPLICATION OF GUIDING PRINCIPLES

The aforementioned Guiding Principles are practically applied in Catholic schools. Catholic schools in the Diocese of St. Paul and Minneapolis will relate to each student in a way that is respectful of and consistent with each student's God-given sexual identity and biological sex. To this end, below are some examples of how these Guiding Principles apply to organizations that teach children and youth in the name of the Catholic Church in the Diocese of St. Paul and Minneapolis.

1. All school policies, procedures, resources, employee training, and assistance given to families will be consistent with the Church's teaching on the dignity of the human person, including human sexuality.

Reflective of a commitment to a culture of transparency and understanding, these policies will be made available in writing to members of the school community by way of inclusion in relevant handbooks, agreements, and statements.

- 2. Student's name and pronoun usage will correspond to his/her sex (see definitions).
- 3. Student access to facilities and overnight accommodations will align with his/her sex.
- 4. Eligibility for single-sex curricular and extra-curricular activities will be based on the sex of the child.
- 5. Expressions of a student's sexual identity are prohibited when they cause disruption or confusion regarding the Church's teaching on human sexuality.
- 6. Students who attend and employees who work at a Catholic school can expect that the school acknowledges that God has created each person as a unity of body and soul, as male or female, and that God-designed sexual expression and behavior must be exclusively oriented to love and life in marriage between one man and one woman.
- 7. Schools will communicate with parents or guardians about their child's behavior at school and inform them of any concerns relating to the physical, emotional, social, and spiritual health, safety, or welfare of their child, except when advised otherwise by law enforcement or a social service agency.

DEFINITIONS

- 1. Sex refers to a person's biological identification as male or female based upon physical characteristics present at birth.
- 2. Sexual identity refers to a person's identity as male or female that is congruent with one's sex.
- 3. Sexual binary, refers to the God-given gift of the human family created male or female in the iage and likeness of God.
- 4. Transgender or gender non-conforming is an adjective describing a person who perceives his or her sexual identity to be different from his or her sex and publicly presents himself or herself as the opposite sex or outside the sexual binary. Such public expressions that are intended to communicate a sexual identity different from one's sex include, but are not limited to, utilizing pronouns of the opposite sex, changing one's name to reflect the cultural norms of the opposite sex, wearing a uniform designated for the opposite sex, and undergoing surgery to change the appearance of one's reproductive or sexual anatomy.

WELLNESS POLICY

Physical Activity and Nutrition Wellness Policy

We believe:

- Children need access to healthy foods and physical activities in order to grow, learn, and thrive;
- Good health fosters student attendance and positive education outcomes;
- The school environment should promote and protect students' health, well-being, and ability to learn by encouraging healthy eating and physical activity.

Sacred Heart Catholic School is committed to providing a school environment promoting children's health, well-being, and ability to learn through healthy eating and physical activity.

Therefore, it is the policy of Sacred Heart Catholic School that:

- we will engage students, parents, teachers and food service professionals in developing, implementing, monitoring and reviewing our nutrition and physical activity policies.
- all students in grade PreK-8th grade, will have opportunities, support, and encouragement to be physically active on a regular basis.
- food and beverages served at our school will meet the nutrition recommendations of the U.S. Dietary Guidelines for Americans.
- qualified child nutrition professionals will provide students with access to a variety of affordable, nutritious, and appealing foods that meet the health and nutrition needs of students and will provide clean, safe, and pleasant settings and adequate time for students to eat.

- we will participate in the available federal school meal program, such as the National School Lunch Program.
- we will provide nutrition, education, and physical education to foster lifelong habits of healthy eating and physical activity, and will establish linkages between health education and school meal programs.

I. Wellness Committee

Sacred Heart Catholic School will develop, implement, and monitor our school nutrition and physical activity policies.

The Wellness Committee will consist of individuals representing our school, including parents, school food authorities, teachers, and students. The Wellness Committee will meet annually during the school year.

II. Nutritional Quality of Food and Beverages Served at School School Meals

Meals served through the National School Lunch and Breakfast program will:

- will be appealing and attractive to children;
- be served in clean and pleasant settings;
- comply with the National School Lunch and Breakfast standards for meal patterns, nutrient levels, and calorie requirement for the ages and grades served;
- offer a variety of fruits and vegetables;
- serve only low-fat (1%) milk and fat-free milk (to be defined by USDA);
- make water available at all breakfasts and lunches; additionally, students and staff will have access to free, safe, and fresh drinking water throughout the school day. Students are allowed to bring in bottled water from home.
- ensure that served grains are whole grain.

Monthly menus will be available on our school website and, upon request, the nutritional content of meals will be made available.

It is the policy of the Sacred Heart Catholic School that all foods and beverages sold to students during the school day will meet the U.S. Department of Agriculture (USDA) school meal and Smart Snacks in School (Smart Snacks) nutrition standards.

Free and Reduced-Priced Meals (when applicable)

Currently, all students (K-8) receive free breakfast and lunch. Sacred Heart Catholic School will make every effort to eliminate any social stigma attached to, and prevent the overt identification of, students who are eligible for free and reduced-price school meals. We will utilize electronic identification and payment systems, and promote the availability of school meals to all students.

Applications for free and reduced meals will be made available to all families at the beginning of each school year and our school website.

Meals Times and Scheduling

Sacred Heart Catholic School will:

- provide the opportunity for students to have a healthy breakfast and lunch daily; (if applicable-regardless of whether the student has ordered and paid for the lunch or owes money).
- provide students with at least 15 minutes for breakfast and 25 minutes for lunch.
- schedule meal periods at appropriate times-7:30-8:15 a.m. for breakfast and 11:00-12:15 pm for lunch;
- whenever possible, not schedule tutoring or meetings or activities during mealtimes, unless students may eat before or during such activities;
- combine lunch and recess for all students;
- provide access to hand washing or hand sanitizing before student eat meals or snacks;
- discourage consumption of competitive foods (fast food) in place of school meals.
- take reasonable steps to accommodate the dental regimens of students with special oral health needs.

Qualifications of School Service Staff

Qualified nutritional professional will administer the school meal program. Professional development for all nutrition professionals in our school will be provided. All nutritional program directors, managers, and staff will meet hiring and annual continuing education/training requirements in the USDA Professional Standards for Child Nutritional Professionals. These school nutrition personnel will refer to USDA's Professional Standards for School Nutrition Standards website to search for training that meets their learning needs.

Sharing of Foods and Beverages

Sacred Heart Catholic School will discourage students from sharing their food or beverage with one another during meal or snack times, given concerns about allergies and other restrictions on some children's diets.

School Garden

In support of children's health and nutrition education curriculum, Sacred Heart Catholic School has a school garden. Students in 3rd and 4th grade will be responsible for planning, planting, maintaining and harvesting garden produce. Students will be able to take produce home to their family.

Celebrations

It is recommended that school day celebrations involving food (store bought only) be limited to no more than 4-5 per year. We encourage families to bring in healthier choices for these celebrations. Parents may only send in non-food treats for birthdays. When applicable, children will be recognized on their birthdays during morning announcements and be given a birthday sticker/school pencil.

We discourage the use of food/beverages as a reward or punishment. We encourage non-food alternatives for rewards (non-uniform coupons, stickers, pencils, etc) or the use of extra physical activity as a reward when feasible.

III. Nutrition and Physical Activity Promotion

Nutrition Education and Promotion

Sacred Heart Catholic School teaches, encourages, and supports healthy eating by students. We will provide nutrition educational and engage in nutrition promotion that:

- provides students with the knowledge and skills necessary to promote and protect their health;
- is part of not only health education classes, but also classroom instruction at all grade levels (preschool through 8th grade);
- includes enjoyable, developmentally-appropriate, culturally relevant participatory activities such as promotions, taste testing, etc.
- promotes fruits, vegetables, whole grain products, low-fat and fat-free dairy products, healthy food preparation methods, and health-enhancing nutrition practices;
- emphasizes caloric balance between food intake and energy expenditure (physical activity/exercise);
- links with school meal programs, other school foods, and nutrition-related community services;
- includes training for teachers and other staff.

Integrating Physical Activity into the Classroom Setting

We encourage regular daily physical activity for our students through recess and physical education classes. In order for students to fully embrace physical activity as a personal behavior, students also need opportunities beyond physical education class. We support:

- classroom health education complementing physical education by reinforcing the skills needed to maintain a
 physically-active lifestyle, and reduce time spent on sedentary activities;
- incorporating opportunities for physical activity into other subject lessons, when possible;
- providing student with short physical activity breaks between lessons or classes, as appropriate.

Communication with Parents

Sacred Heart Catholic School will support parents' efforts to provide a healthy diet and daily physical activity for their children. Nutrient analyses of school menus will be available, when requested. We encourage parents to pack healthy snacks and lunches.

Sacred Heart Catholic School will provide information about physical education and other school-based physical activity opportunities before, during and after the school day. We will also support parents' efforts to provide their children with opportunities to be physically active outside of school.

Staff Wellness

Sacred Heart Catholic School values the health and well-being of every staff member and will plan and implement activities that support staff efforts to maintain a healthy lifestyle. Our Wellness Committee and school administration will encourage healthy eating, physical activity, and other elements of a healthy lifestyle among school staff through education, fitness challenges, and other positive staff involvement programs.

IV. Physical Activity Opportunities and Physical Education Classes Regular Physical Education

All students in grades PreK-8, including students with disabilities and special health-care needs, will receive regular physical education throughout the school year. These classes shall provide students with skills and activities that are needed for lifetime physical fitness. All physical education classes will be taught by our physical education teacher using the school's adopted curriculum and standards for Physical Education. The school's curriculum was written in alignment with the MN State Standards. A copy of the curriculum and standards can be found in the Physical Education office and the Principal's office. The Physical Education teacher will be provided with annual professional development opportunities focused on topics relevant to physical education instruction.

Student involvement in other activities involving physical activity (i.e. intramural sports) will not be substituted for this physical education requirement. Physical education classes will meet once a week for 30 minutes for preschool, twice a week and for a minimum of 30 minutes in elementary school and twice a week for 50 minutes in middle school. Students will spend at least 50 percent of the class time participating in moderate to vigorous physical activity. Physical activity may not be assigned to students as a consequence of poor behavior of punishment for any reason. (example: running laps or jogging around the playground).

Daily Recess

Students will have the following supervised recess time each day:

PreK Minimum of 30 minutes (1 recess)

- K-3 Minimum of 35 minutes (2 recesses)
- 4th Minimum of 20 minutes (1 recess)
- 5-8 Minimum of 15 minutes (1 recess)

When activities make it necessary for students to remain indoors for long periods of time, students will be given periodic breaks during which they are encouraged to stand and be moderately active. The administration believes that recess and other opportunities for physical activity are an essential part of the school day. Teachers are encouraged to find alternatives to withholding recess or other physical activities as a punishment.

Physical Activity Opportunities After School

Sacred Heart Catholic School will offer extracurricular physical activity programs. The range of activities will meet the needs, interest, and abilities of all students, including boys, girls, students with disabilities, and students with special health care needs. Our 5-8th grade students will also be encouraged to participate in our sports programs. After-school care and enrichment programs will provide and encourage daily periods of moderate to vigorous physical activity for all participants. Communications regarding physical activities programs offered within the larger community will be provided to students.

Sacred Heart Catholic School assessments will be repeated every three years to help review policy compliance, assess progress, and determine areas in need of improvements using the Wellness School Assessment Tool. As part of that review, reviews of the nutrition and physical activity policies, provision of an environment that supports healthy eating and physical activity, and nutrition and physical education policies and program elements will be considered. As necessary, the wellness policies will be reviewed and work plans developed, in order to facilitate their implementation. All members of the Wellness Committee-students, staff, and parents-will be involved in the review of the policy.

The Wellness Policy and a summary of the work of the Wellness Committee are available on the school's website under School Nutrition. The triennial progress report with information about the school's wellness related activities will be shared under the "School Nutrition" tab on the school's website.

HEALTH SERVICES

Health Services

Sacred Heart Catholic School receives "Health Services" through Robbinsdale Public Schools. The Health Office is staffed by a first aid/CPR trained Health Services Assistant. The assistant provides first aid, administers medications, assists with vision/hearing programs, and processes immunization forms.

A licensed school nurse is available to consult with parents upon request. The nurse will assess individual student health needs, plan for students with disabilities and chronic health conditions, and participate in health education programs.

Emergency Information

Emergency information is required to be completed on TADS for each student. The information is essential so parents can be contacted if your child becomes ill, needs to be sent home, or in case of an emergency. It is important that other emergency contacts are provided such as relatives, friends, or neighbors who can be called if you cannot be reached and who are willing to pick up your child from school if necessary.

Health Records

Health records are required for each student. It is recommended that children have annual physical exams beginning at 3 years of age. Students are required to have a physical exam and required immunizations before entering kindergarten and seventh grade. The State of Minnesota requires immunizations to be up-to-date.

Immunizations

All immunization records are to be submitted to the school prior to the first day of school. Parent/guardian is responsible for providing this information in writing to the school office, and to include additional immunizations each year as the family's physician administers them to the student. Conscientious exemption: No student is required to have an immunization, which is contrary to the conscientiously held beliefs of his/her parent or guardian. A child's parent or guardian or an adult may submit a signed and notarized statement to the administrator of the school or child care facility stating that the person has not been immunized because of conscientiously held beliefs.

General Guidelines if your child is Healthy to Come to School

- 1. If your child has had a fever of 100.4F degrees or more, he/she should stay home 24 hours after the temperature returns to normal, without the influence of fever reducing medications.
- 2. If your child has vomited or had diarrhea, he/she should stay home until 24 hours after the last episode, without the influence of medications.
- 3. If your child has had any rash that may be contagious or you do not know the cause, check with your family physician before sending him/her to school.

Food Allergies

Food allergies are treated on an individual basis. Before the start of the new school year, call the school and request the forms needed for implementing an emergency health care plan. A health care plan will be implemented by the district nurse and parent/guardian and communicated to the school staff.

Medications

For the safety of your child, it is essential that the following be observed when mediation is to be given during the school day.

- 1. The school must have doctor's orders to administer medication to your child along with a parent/guardian signature with date giving school permission to administer medication to their child as needed. This is included on the Robbinsdale Medication Administration school form.
- 2. Medication must be sent to the school in the original prescription bottle to include student name, name/dosage of medication, directions, physician's name and date.
- 3. Medication will be taken by the student at the designated time and supervised by authorized personnel.
- 4. Parents must notify the school when the medication is discontinued or the dosage/time has changed. If the medication is resumed, a new order must be received.
- 5. The above provisions also apply to any over the counter medications (eg. Tylenol, cough medicine, etc.

Health Screening

Vision screening takes place in the fall for grades 1, 3, and 5. If time allows, other grades may be screened. Children are screened on an as needed basis for potential vision and hearing difficulties.

SCHOOL COMMUNICATION

Sacred Heart Catholic School has established ways of communicating with parents/guardians of its students in order to increase understanding of the school's mission, programs, and goals. The following means of communication are used to share information with parents/guardians concerning the functions of the school and progress of their child(ren).

Weekly Parent Newsletter

School information is emailed to parents/guardians each Monday that contains school news, events, and programs.

Educate

https://educate.tads.com/educate/

Educate is our school management website where student/household information along with health concerns of students is documented. Parents are responsible for providing the school with changes to personal information. Each parent will receive a password protected account on Educate.

Parents can use Educate to:

- Check your child's grades (Gr. 5-8) Teachers post grades weekly.
- View late or missing homework.
- Receive emails with school or class information.
- Verify attendance.
- View parent contact information
- View report cards.

School Website

www.sacredheartschoolrobbinsdale.org

Parents/guardians may find information regarding academics, athletics, school/lunch/athletic calendars, announcements, School Advisory Council, Home & School, early childhood programs, etc.

Parish website

https://shrmn.org/The parish bulletin is an important way to be involved with our parish. Weekly bulletins are posted to keep you up-to-date.

Hot Lunch Program - Boonli

https://sacredheart.boonli.com/login

This website is used for ordering hot lunch each month and making payments with a credit or debit card. Menus are posted monthly by the 15th of the month prior and all orders must be placed the 8 days in advance. More information is available on the Boonli web site.

School Calendar and Key Dates

At the beginning of each school year, parents receive a calendar of major events for the entire year. This calendar informs parents of non-school days, parent/teacher conferences, programs, fundraising events, and graduation. The school calendar is also posted on our school web site.

Parent/Teacher Conferences

Parent/Teacher conferences occur twice a year during the 1st and 2nd trimester. Parents will sign up for conferences online. Teacher conferences may also be arranged at other times during the year by contacting your child's classroom teacher or homeroom advisor.

Report Cards

Report cards are posted on Educate at the end of each trimester. It is the intention of the school to communicate to the parents how their child is performing in his/her class work. Deficiency reports are sent home periodically during the trimester. Kindergarten report cards are sent home the 1st trimester of kindergarten and then they will be available online. Contact your child's teacher if you need hard copies of the report card. Parents are responsible for keeping up to date on a weekly basis using Educate.

School Facebook Page

https://www.facebook.com/SHCSRobbinsdale

SCHOOL POLICIES & PROCEDURES

If You Have a Concern About School

If you have a concern about the school, please contact the teacher involved in order that he/she may relate "his/her side of the story". Teachers welcome an opportunity to explain the reasons for their actions or answer your questions about curriculum. If, after contacting the teacher, the problem remains, contact the principal, we will conference together with the teacher or staff member to clear up any misunderstandings. This is essential-please do not limit your communication with the school to concerns only. We do like to hear the good news too. We encourage everyone to adhere to this procedure.

- 1. Contact the teacher-If no result, then.....
- 2. Contact the principal, we will then schedule an appointment with the teacher to resolve the issue.

This procedure is important. Please talk to the teacher before you call the school office or your friends/neighbors. A phone call to the teacher will, in most cases, resolve the issue.

Grievance Policy

What issues are appropriate to be considered for filing a grievance?

- 1. A violation of a stated and approved policy or procedure;
- 2. An issue related to school environment, safety or security;
- 3. Any discrimination on the basis of race, color, age, disability, national origin, or gender.

What issues are not appropriate for filing a grievance?

- 1. Any and all individual personnel issues, such as hiring, retention, corrective action or dismissal, which fall under the sole authority of the Principal and the Pastor;
- 2. Discipline of an individual student, unless there is a direct violation of a policy;
- 3. Contents of procedures, rules, and policies:
- 4. Establishment of salaries, position classification or general benefits.

(Parents may meet to share concerns with the principal).

It is the norm that issues are resolved between parents and teachers in a timely and collaborative manner for the good of the children. If the situation cannot be resolved satisfactorily between parent and teacher or school administrator, the following shall apply:

Grievances should always begin with a Teacher/Parent Conference

- 1. The parent must submit a written notice of intent to grieve an issue to the Pastor within 10 days of the incident being grieved.
- 2. The Pastor may designate a representative to act on his behalf.
- 3. The Pastor may, at his sole discretion, determine whether a Grievance Committee should be appointed to hear the grievance.
- 4. If the Pastor determines that a Grievance Committee is unnecessary, a letter will be sent to the parent(grievant) setting forth the final decision.
- 5. If the Pastor determines that a Grievance Committee should be convened, then a committee of three persons will be established, all appointed by the pastor.
- 6. The Grievance Committee shall have no authority to make recommendations inconsistent with school policies or procedures.
- 7. The Grievance Committee will meet to receive evidence, written and/or oral, from all involved parties.
- 8. After due consideration, the committee will make their grievance determination to the Pastor. Its provisions are not binding on the Pastor, and he alone will make the final decision to accept all, part or none of them. If the grievance determination is not resolved to the satisfaction of either party, a referral to the Archdiocesan Due Process may be made. Nothing contained herein shall obligate either party to consent to conciliation or arbitration under the Archdiocesan Due Process procedures.

Communication Procedures (Grievance)

Sacred Heart Catholic School strives to be a peaceful academic community and we believe scholar success relies heavily on a strong, positive relationship between parents and teachers, and will thrive on open communication that supports the scholar's academic achievement. It is important that parents develop a strong rapport with teachers to support their scholar(s). Parents may request conferences with teachers anytime, and we encourage all parents to maintain regular contact with teachers throughout the year.

In the event a disagreement occurs between a parent and a member of the school staff regarding the education of a child, first the teacher, parent and scholar will meet to collaborate on creating a solution. Discussion of grievances will only occur if parents have a scheduled appointment. If a resolution is not reached then the teacher, parent scholar and any combination of the following personnel (principal, lead teacher, counselor) will work together to develop a plan to help the scholar be successful at Sacred Heart Catholic School. If a practical and sustainable approach is unsuccessful, SHCS will assist the family in transitioning to another school.

It is expected that all family/staff interactions are respectful and calm. Sacred Heart Catholic School has a zero tolerance policy for disrespectful or abusive language and/or behavior from anyone in the Sacred Heart community. In the event that disrespect is felt by either parents or teachers within their communications, other school staff will be brought in to mediate.

PARENT INVOLVEMENT BY VOLUNTEERING

Volunteers

At Sacred Heart Catholic School, we believe that parent and family involvement is vital to the success and strength of our school community. In order to foster this partnership, we require each family to contribute time and talent in support of school events, programs, and activities throughout the year.

All clergy and parish, school and diocesan employees as well as all volunteers who have either regular or unsupervised interaction with minors must complete the **Essential 3** requirements.

The following positions are subject to a mandatory background check:

Clergy Coaches

Deacons Extracurricular Coaches
All teachers Food Service personnel

Substitute teachers Custodial staff

The Essential 3

1. Background Check-The background check is run by an archdiocese-approved agency and provides a criminal history. This is an important step to screen our individuals who might present a danger to children and youth. Volunteers will complete the background check on the Virtus website-www.virtusonline.org

2. VIRTUS: Protecting God's Children for Adults Awareness Session Attendance

The initial VIRTUS training must be taken in person. Sessions are offered throughout the year and at various locations across the archdiocese.

Register for a VIRTUS session near you-

http://www.virtusonline.org/virtus/reg_list2.cfm?theOrgID=21441&theme=0

3. Code of Conduct-A person must acknowledge that he or she understands and agrees to the principles and standards outlined in the code of conduct appropriate to his or her ministry. The Code of Conduct may be read and signed online on the Virtus website.

Every three years, volunteers complete the Essential 3 online at www.virtusonline.org

These three things are part of the Protection of Youth and Children Initiative which has been mandated by the Archdiocese. The reason for this mandate is connected to the Charter for the Protection of Children and Young People. More information is available at the Archdiocesan web site-

http://safe-environment.archspm.org

Volunteer Commitment:

Each family is expected to contribute 20 volunteer hours per school year. These hours may be completed by any adult family member and should support school-sponsored activities, events, or committees.

Tracking Hours:

Families are responsible for logging their volunteer hours through our new volunteer tracking system called Salesforce. Instructions for signing up to volunteer will be provided throughout the school year. After the event, the volunteer hours will be verified by the event chairperson.

Opt-Out Option:

Families who are unable to fulfill the 20-hour volunteer commitment may choose to opt out by paying a fee of \$150.00 for the 2025-2026 school and the fee will increase to \$300 for the 2026-2027 school year. This fee will be assessed and added to your TADS account in April if volunteer hours have not been completed or reported by March 31st.

Exemptions and Special Considerations:

If a family faces exceptional circumstances that may affect their ability to meet the volunteer requirement, they are encouraged to contact the school office to discuss alternative arrangements.

Note: Some volunteer opportunities require the Essential 3 per the Archdiocese of St. Paul & Mpls. if a volunteer has direct contact with a student such as chaperoning a field trip, coaching, tutoring, recess/lunch duty, etc.

We appreciate the invaluable support and dedication of our families. Together, we continue to build a vibrant and faith-filled community for our students.

"Those who can, do. Those who can do more, volunteer."

Author Unknown

BEHAVIOR EXPECTATIONS FOR GRADES K-8

Sacred Heart Catholic School's goal is to promote a Catholic education that is an expression of the mission of Jesus.

Respect

- 1. Treat others and their property with respect and dignity
- 2. Handle matters confidentially, respectfully, and directly
- 3. Support and follow school rules in order to participate in programs and activities
- 4. Respect differences in people, their ideas and opinions

Integrity

- 1. Accept responsibility and accountability
- 2. Practice honesty at all times
- 3. Fulfill commitments and assignments
- 4. Make appropriate Christian choices on a daily basis

Community

- 1. Contribute positively to the Christian climate of the school
- 2. Promote a welcoming and safe environment
- 3. Demonstrate Catholic values in helping others in school and the community
- 4. Ensure communication and exchange of information

Caring Resolution

- 1. Maintain an environment where conflict and differences can be addressed with respect and civility
- 2. Address concerns by listening and sharing
- 3. Approach situations and conflict positively and with an open mind
- 4. Work toward fair compromise and resolution

Three school wide goals that all students will follow:

- 1. Respect yourself, others, and things
- 2. Contribute to the learning environment
- 3. Follow school and classroom procedures

Behavior Rubrics

Classroom teachers use Behavior Rubrics to for identifying behaviors and appropriate consequences for consistency across grade levels. The rubrics are posted in each classroom.

Positive Reinforcement/Rewards

It is important to have vehicles in place that promote and celebrate good behavior and student success. Positive reinforcement for appropriate behavior and academic progress/success may include but is not limited to the following: praise, award certificates, merits, stickers, honor lists, postcards, hallway banners, etc.

Infractions

Uniform violations

If students are out of uniform, a verbal warning will be given and if further violations occur, a written uniform violation form will be sent home. Students may lose non-uniform privileges and/or special dress days for repeated violations. It is the parent's responsibility to make sure students are in compliance with the school dress code.

Minor Misconduct

Your child's teacher will establish guidelines for classroom behavior and the classroom teachers will manage discipline for minor misconduct or infractions. Discipline for minor misconduct may include verbal warning, demerits, written warning, and detention. Samples of minor misconduct include but are not limited to:

- Unprepared for class
- Violation of personal space
- Language
- Disrespectfulness
- Disruptive behavior

Repeated occurrences may result in detention, suspension, or expulsion.

Major Misconduct

Student conduct, unbecoming of a student in a Catholic school, which in the opinion of the school constitutes major misconduct, will result in detention, removal from class, out-of-school suspension, or expulsion. Major misconduct includes but is <u>not limited</u> to the following:

- Theft
- Threats/Harassment
- Property destruction or vandalism.
- Leaving the school grounds without permission
- Fighting/assault
- Cheating
- Insubordination
- Inappropriate or profane language
- Vandalism
- Technology and Telecommunication misuse
- Any willful conduct, which violates or may violate any rule of conduct or school policy.
- Any willful conduct, which disrupts or threatens to disrupt the ability of others to obtain an education.
- Any willful conduct that endangers or has the potential to endanger the student or other students, faculty, administration, or the property of the school.
- Other conduct or behavior on the part of the student, which, in the opinion of the school, adversely affects the desirability of continued enrollment.

The principal is the final recourse in all-disciplinary situations and may waive any disciplinary rule for just cause at his or her discretion.

Behavior Rubrics are used by teachers and staff in K-4 and grades 5-8 to identify behaviors, consequences, and repeated incidents.

Definitions: Detention, Suspension, Expulsion

Detention: Time spent in the school as a disciplinary consequence in addition to the regular school day. Detention will be served at 2:15-3:00 p.m. on Wednesday. After school care is available if you cannot pick up your child and the drop-in rate will be charged. Parents will be notified regarding detention. Behavior consequences will be used in place of detention when possible. **Detention is given for continued, and/or serious inappropriate behavior and should be taken seriously.** If three detentions are given in a semester, a parent phone call/conference will result. If a 4th detention is received, more serious consequences will result, which may include but are not limited to:

- In-School suspension
- Out-of-school suspension
- Parent/Teacher/Administrator conference
- Removal from privileged activities (field trips, sports, events, etc)
- Behavior Contract
- Non-uniform days eliminated

Removal from class: Removal from class is any action taken by a teacher, administrator, or school to prohibit a student from attending his/her classroom or activity period for a period of not more than one day, due to disruption, etc. Work will be assigned and must be completed by the student for any credit. A letter sent home with the child and signed by the parent is required the following day, for return to class.

In School Suspension – A student may be removed from the classroom for being disruptive, disorderly, etc. While removed from the classroom, work will be assigned and must be completed by the student. A student may receive in-school suspension for repeated and/or serious violations of school rules and policies which may be noted but not limited to the behavior rubric. A letter is sent home and must be returned for readmission into the classroom.

Out-of-school Suspension A student may be suspended for repeated and/or serious violations of school rules and policies. In the event of suspension; parents are notified, a conference is scheduled with the parent(s) and a readmission plan is implemented.

Note on suspensions: All suspensions are permanent records of the student's Cumulative file. These records will be transferred when a student leaves Sacred Heart School.

Expulsion: Expulsion means the permanent removal of a student from school. The pastor and School Advisory Committee are informed of the situation by the administration and a decision regarding expulsion is made. Grounds for removal from school include:

- Willful conduct that significantly disrupts rights of others to education, including conduct that interferes with teacher's ability to teach/communicate with students or ability of students to learn
- Willful conduct that endangers others or property
- Willful violation of any rule of conduct specified in discipline policy

PRESCHOOL AGES 3-5 YEARS OLD

The Sacred Heart Pre K program offers a child centered, activity-based program. It provides a stimulating, structured program geared to the children's ages and development, and offers the children opportunities to explore, manipulate, experiment with things, and interact with people.

We offer a structured program within a caring, loving atmosphere that allows children to grow, to experience new things, and to feel secure and capable in God's world.

Teaching Objectives

- Learn and pray about Jesus
- Creative play using the five senses
- Develop small and large motor skills
- Encourage creativity and pretend play
- Manipulate objects to solve problems
- Foster social development with others
- Learn to use works to express needs and reactions

Sacred Heart Catholic School Pre K Program

Our goal is to provide preschool aged children with a quality experience and prepare them for continued community and church involvement.

3 Year old Pre K Class

**Must be 3 by September 1st

Full and part time available including half days.

4 Year old Pre K Class

**Must be 4 by September 1st

Full and part time available including half days.

Monday-Friday PreK follows our school calendar 7:20-7:30 a.m. Drop off 7:30 a.m. Class begins 2:05-2:10 pm Pick Up

Kids Club

2:10-5:30 pm Kids Club Available (extra fee)

HARASSMENT & BULLYING

Harassment & Bullying

The mission and values of Sacred Heart Catholic School are anchored in the fundamental principles of Catholic Social Teaching, i.e., that every person is created in the image and likeness of God and is deserving of respect and safety. In this context, Sacred Heart Catholic School is committed to providing a safe and supportive learning environment that is free

from harassment and bullying. Any student, faculty, or staff person who undermines the inherent dignity or threatens the safety of another person is not simply in breach of this policy, but also violates the basic tenets of the Catholic faith community.

Definitions:

Harassment and bullying are unwelcome behaviors of any sort, including verbal, written, physical, sexual, psychological, or cyber. Harassment/bullying includes, but is not limited to, unwanted and unwelcome words, actions, gestures, or symbols that make the recipient feel uncomfortable. Harassment/bullying also includes offensive, threatening, intimidating, abusive, or harmful speech or actions made toward another person or through a third party. Whether an action is harassment/bullying is determined by the administration and not the intentions of the one who has been accused.

Reporting Harassment/Bullying:

Any student who believes they have been a victim of harassment/bullying, or has witnessed such behavior, is encouraged to promptly tell any faculty/staff member or school administrator. Faculty/staff members who receive such a report are obligated to promptly inform an administrator.

How to File a Report:

The initial report may be verbal or written. Students are strongly encouraged to give the information to a trusted adult or use the SHCS Incident Report on our website to report anonymously. All reports, including verbal reports, will be documented. If a student has physical/written evidence of the harassment/bullying, including emails, text messages, voice mail messages, or other documentation, they should be saved and shared as part of the report or during the investigation.

Investigation:

Upon receiving a report, school administration will promptly and thoroughly undertake an investigation, which will be conducted in a confidential manner to the extent possible. At the discretion of the administration, outside professionals may be engaged, or a Harassment Review Committee may be formed to perform the investigation. Investigative actions and disciplinary outcomes will be determined based on the severity, frequency, and impact of the offense. If necessary for the safety of students or to avoid disruption to the school social or academic environment, the accused may be placed on a temporary out of school suspension pending the investigation. Depending on the nature of the report, law enforcement officials may be notified.

Discipline:

After completion of the investigation, school administration will determine whether harassment/bullying has occurred, and if so, what disciplinary action is appropriate. Discipline for harassment/bullying may include, but is not limited to, detention, parent conference, suspension, loss of co-curricular/athletic eligibility, loss of ability to participate in school trips or activities, and/or expulsion.

No Retaliation:

Retaliation of any form against individuals who report harassment/bullying or who participate in an investigation will not be tolerated. Anyone found engaging in retaliation will be subject to disciplinary action, up to and including expulsion. Revised 4/24

STUDENT TOBACCO/CHEMICAL MISUSE POLICY

Any students attending school found buying, selling, or giving away mood altering chemicals (alcohol, chemical, tobacco (includes e-cigarettes) or other controlled substances), under the influence of mood altering chemicals, or in possession of

mood altering chemicals while on school grounds or attending any school sponsored event, or while being transported to and from school or any school sponsored event, this same students will face immediate suspension by the principal.

Consequences

- 1. The administration will immediately notify the parents/guardians of their child's suspension and police may be notified
- 2. The student will continue under suspension until he/she is released to his/her parents/guardians.
- 3. The administration will schedule a conference time with the parents/guardians and student to discuss the incident.
- 4. The administration may refer the parents/guardian and student to an appropriate counseling agency for evaluation.

Before the suspension is lifted, the parents/guardians and students will be required to:

- 1. Provide valid proof that the student is receiving professional help from a counseling agency as per evaluation.
- 2. Agree to being placed on six months probation at the school, (if summer vacation intervenes, the probationary period will extend to the next school year.
- 3. Agree to immediate expulsion from school if a second offense against the above mentioned drug policy should occur.

If the administration receives a substantiated report that any student attending school is buying, selling or giving away mood altering chemicals, under the influence of mood altering chemicals, or in possession of mood altering chemicals event though this student is not on school grounds or attending any school sponsored event, the administration will notify the parents/guardians of this student and the report and schedule a conference with the parents/guardians and student to discuss the report.

Following the conference, the administration has the option of taking no further action, suspending the student until he/she receives a professional evaluation from an appropriate counseling agency, placing the students on six months probation after drug counseling has been received or expelling the students from school if circumstances warrant expulsion and/or parents/guardians or student refuse to cooperate with the rules of the above policy.

Tobacco-Use and/or possession

Use of tobacco in any form by students during school hours, on school grounds, while riding a school bus, or while attending any school sponsored function will result in confiscation of the tobacco product and disciplinary action by the administrator as follows:

First Offense-The parent/guardian will be notified of the offense. The student will have an out-of-school suspension until a behavioral contract can be drawn up to discourage the use of tobacco.

Second Offense-Suspension or possible expulsion.

WEAPONS/EXPLOSIVES/DANGEROUS ITEMS

Possession/Use of a Dangerous Weapon other than a Firearm

There will be zero tolerance for possession or use of a dangerous weapon by any student. A "dangerous weapon other than a firearm" is defined as

- 1. any device or instrument designed as a weapon and capable of producing death or great bodily harm.
- 2. any device modified so that it may be used as a weapon and capable of producing death or great bodily harm,
- 3. any combustible or flammable liquid or other device or instrumentality that, in the manner it is used or intended to be used, calculated or likely to produce death or great bodily harm,
- 4. any fire that is used to produce death or great bodily harm,
- 5. any knife or any replica firearm, BB or pellet gun.

Minn. Stat. 609.02 subd. 6. 8 and Minn. Stat. 609.66

Possession/Use of a Firearm

There will be zero tolerance for possession or use of a firearm by any student. Firearms are banned from all property owned or controlled by Sacred Heart Catholic Church & School.

Possession/Use of Other Weapon/Object, not a firearm and not meeting Minn. Statute dangerous weapon definition Other weapons include any device or instrument-including any non-conventional weapon-which, in the manner it is used or intended to be used, is calculated or likely to produce bodily harm or substantial bodily harm, or fear of any degree of bodily harm. Other weapons include small knives, fake knives, look alike weapons, clubs, metal knuckles, chains, poisons, arrows, bats, nunchucks, throwing darts, stun guns, mace and other propellants, and other objects that have been modified to serve as weapon, etc.

Minn. Stat 609.02, subd. 7 & 7a Minn. Stat. 609.713, subd. 3 (b)(2)

ATHLETIC PROGRAM

Sacred Heart's athletic program shall afford the students the opportunity to develop physical coordination, knowledge of the applicable game, the development of friendships through athletic participation, and the development of school spirit.

Students shall represent themselves, their teammates, and their school in a manner consistent with Christian concepts and fair play. Coaches shall conduct themselves and direct their teams in a manner consistent with Christian concepts and fair play, and as representatives of the school they shall adhere to established policies and philosophies.

The planning and implementation of the athletic program, including volunteers and other coaches, shall come under this policy and will be the responsibility of the administrator or athletic director. In addition to the provisions of this policy students, instructors, coaches, volunteers, and administrative personnel shall comply with existing state laws applicable to this area.

Each student on each team will be given an opportunity to participate in the sport. Only members of the school shall be participants in the sport.

Injuries – Doctor's approval may be required for students to resume practice or play in games.

Most coaches are volunteers and may apply volunteer hours for time devoted. Coaches are required to follow NSPSL guidelines and meet with the SHCS Athletic Director to receive a policy handbook and keys prior to the first practice.

All coaches will be asked to complete the Essential 3: Bureau of Criminal Apprehension background check as required of all volunteers, attend a Virtus session, complete a Code of Conduct form, and complete a concussion training course.

Sports offered:

Coed Cross Country, gr. 4-8

Girls Volleyball, gr. 5-8

Coed Soccer, gr. 5-8

Boys Basketball, gr. 5-8

Girls Basketball, gr. 5-8

Girls Softball, gr. 5-8

Boys Baseball, gr. 5-8

Opportunities are available for students to participate in various co-curricular activities such as soccer, volleyball, baseball, softball, and other programs. The mission of the sports program is to reflect the mission and philosophy of the school as well as the following values:

- fair play
- team work
- responsibility
- respect for one another
- accountability
- ways to improve skills

The purpose of athletic activities at Sacred Heart School is to:

- develop good sportsmanship
- build relationships between schools
- develop school spirit, physical coordination, and skills.

Player Participation and Playing Time

• At all levels, coaches have the prerogative to decide a player's field/court positions commensurate to the student's ability, knowledge, and confidence in the game in particular during tournament play.

Varsity level

- Competition is given more emphasis at the varsity level.
- Coaches have the prerogative to determine player time based on the coach's assessment of coach-ability, skill, and commitment demonstrated by the student.
- Eighth graders will automatically be placed on the varsity team if they attend tryouts and choose <u>not</u> to play at a lower level.

Junior Varsity

- The amount of playing time will be determined based on the nature of the sport and league competition.
- All players will participate in the game as long as they attend practice, but will not be given equal playing time.

B-Squad

• Participation is given more emphasis, and coaches are expected to strive for equal playing time among all players. Learning of skills of the sport is emphasized at this level.

Roster Limits

- 1. An effort will be made to keep grade levels together on corresponding teams. In a case where a student's athletic skill is below his/her grade level, the option to play on a lower level team will be offered if playing time in games is a priority for the student.
- 2. As the numbers dictate, Varsity and JV coaches may offer try-outs to fill spots on their team, which are open to all eligible students. Attendance at try-outs is mandatory for all interested players 6-8 grade.
- 3. When the number of players exceeds the number of spots on a team, 5th graders will be the first cut to maintain appropriate team size.
- 4. When a team is short players, coaches may move up players from a lower level team to assist in a game. Players must be an existing player on a SHCS team of that sport. A Sacred Heart Catholic School Athletic Form must be completed and on file.

Eligibility

All participants represent our school and parish community. Students who participate in sports agree to abide by the following:

A. Absences/Attendance:

If a student is absent from school during the day, he/she will be excluded from practice and/or game that night. Excused absences include: funeral or a family emergency. This must be communicated to the principal ahead of time and/or that school day.

- Students must arrive at school by 4th period. (10:00-10:45 am.) If students leave school due to illness, he/she will be excluded from practice and/or games that night.
- Unexcused absence from practice/game may result in one game suspension.

B. Academics:

- Academic progress will be reviewed periodically by teachers/administration.
- Any indications of missing assignments/work or lack of progress in content areas may result in a temporary or permanent removal from the sport until work is adequate.
- Any failing grade of an F: (0%-59%), and/or two D's (60-69%) in subject areas, an Incomplete or Unsatisfactory received as a trimester grade or any time during the trimester, will result in immediate suspension from playing.
- All suspensions will be for a <u>minimum</u> of one week. All work must also be brought to completion and passing before the student will be reinstated.

- No student may participate at practices or attend games as a team member during the removal period.
- Parents and coaches will be notified by school administration.

C. Behavior:

- Inappropriate behavior by a team member and/or his/her parent/s is an option for suspension from the team or removal from the premise
- Behavior guidelines apply to all school related activities or events.

Sacred Heart has established these standards to insure the best possible performance by students, and family members, who represent our community. All final decisions will be made by the administration and athletic director. Revised: May, 2025

Continuation Waiver Policy

Policy:

Sacred Heart School is located within the Robbinsdale School district geographic boundary and thus subject to the continuation schools, Armstrong and Cooper. In the event that a student has the option to participate at the high school level in a sport or activity, Sacred Heart will consider granting a waiver based upon the waiver requirements and process outlined below.

Waiver Requirements

The following are the requirements for applying for a continuation school activity or sports waiver at Sacred Heart:

- A. The waiver does not affect any other student for the duration of the continuation agreement
- B. Without the waiver the student will not have the ability to participate in his/hers sport or activity for the next academic year, or until they attend their chosen high school.
- C. The waiver does not violate MSHSL rules, guidelines or charter for Sacred Heart and member schools.
- D. The student athlete must have been **invited** by the school athletic director or coach to tryout or participate in the sport or activity.
- E. All participation agreements shall be established for a minimum of one year. If either or any of the schools involved in the participation agreement wish to dissolve the agreement, they may do so provided a minimum of one year's notice is given to the other school(S) unless the schools involved mutually agree to discontinue the agreement.

ACCEPTABLE USE POLICY OF THE NETWORK/INTERNET

Acceptable Use Policy for Students at Sacred Heart Catholic School

Sacred Heart Catholic School's information technology resources, including audio and digital media email and internet access, are provided for educational purposes. Adherence to the following policy is necessary for continued access to the school's technological resources:

Students must:

- 1. Respect and protect the privacy of others.
 - Use only assigned accounts
 - Not view, use, or copy passwords, data, or networks to which they are not authorized.
 - Not distribute private information about others or themselves.

2. Respect and protect the integrity, availability, and security of all electronic resources.

- Observe all network security practices, as posted.
- Report security risks or violations to a teacher or network administrator.
- Not destroy or damage data, networks, or other resources that do not belong to them without clear permission of the owner.
- Conserve, protect, and share these resources with other students and Internet users.
- 3. Respect and protect the intellectual property of others.
 - Not infringe copyrights (no making illegal copies of music, games, or movies.)

• Not plagiarize.

4. Respect and protect the intellectual property of others.

- Communicate only in ways that are kind and respectful.
- Report threatening or discomforting materials to a teacher.
- Not intentionally access, transmit, copy or create material that is illegal (such as obscenity, stolen materials, or illegal copies of copyrighted works.)
- Not intentionally access, transmit, copy or create material that violates the school's code of conduct (such as messages that are pornographic, threatening, rude, discriminatory, or meant to harass.
- Not use the resources to further other acts that are criminal or violate the school's code of conduct.
- Not send spam, chain letters, or other mass unsolicited mailings.
- Not buy, sell, advertise, or otherwise conduct business, unless approved as a school project.

Misuse of technology in any form includes, but is not limited to, teasing, intimidating, humiliating, defaming, threatening, harassing, stalking, or terrorizing another student, teacher administrator, other employee of Sacred Heart Catholic School, or volunteer by sending or posing e-mail messages, instant messages, text messages, digital pictures or images, or website postings, including blogs, regardless of whether such acts are committed on or off school property and/or with or without the use of school resources.

Consequences:

Abuse of these privileges may result in one or more of the following consequences:

- Suspension or cancellation of use or access privileges
- Payments for damages or repairs
- Discipline under appropriate school policies including suspension, expulsion, exclusion, or civil or criminal liability under applicable laws.

Supervision and Monitoring

School and network administrators and their authorized employees monitor the use of information technology resources to help ensure that uses are secure and in conformity with this policy. Administrators reserve the right to examine, use, and disclose any data found on the school's information networks in order to further the health, safety, discipline, or security of any student or other person, or to protect property. They may also use this information in disciplinary actions, and will furnish evidence of crime to law enforcement.

Parents have the right at any time to investigate or review the contents of their child's files and e-mail files. Parents have the right to request the termination of their child's individual account at any time. Outside of school, parents bear responsibility for the same guidance of internet use as they exercise with information sources such television, phones, movies and offensive media.

Acknowledgment and acceptance of the parent/student handbook constitutes notice and acceptance of the Network/Internet Acceptance Use and Safety Policy.

STAFF DIRECTORY

2025-2026

PreK Teachers

Pre-K -3 year olds Heather Groenke

Pre-Kindergarten-4 year olds Stephanie Kooiker 763-285-6265

Elementary School Teachers

Kindergarten 763-285-6262 Katie Powell

1st grade 763-285-6268 Nanette Taylor

 2^{nd} grade 763-285-6260 Julie DeBilzen

3rd grade 763-285-6264 Karen Nusbaum

4th grade 763-285-6258 Kristina Olsen

5th grade Lang. Arts Gail Rothenbueler 763-285-6255

Reading Specialist
Kathy Kurt 763-285-6278

Middle School/Specialist Teachers

Language Arts, gr. 6-8
Beth Hippen 763-285-6263

Science, gr. 5-8 Angelin Petit 763-285-6270 Social Studies, gr. 7/8
Jeff Melius 763-285-6267

Mathematics, gr. 5-8 Ann Barbatsis 763-285-6259

*Music, gr. K-8*Jeff Melius 763-285-6267

Physical Education, PreK-8, Health, gr. 6-8 Brandon Green 763-285-6261

*Spanish, K-8*Kris Murphy 763-285-6269

Art, K-8 Lori Wagener 763-285-6277

Library, Pre K-5 763-285-6264

Religion, gr. 6-8 Morgan Leisgang 763-285-6246

School Staff

Pastor Fr. Bryan Pedersen 763-285-6240

Principal
Karen Bursey 763-285-6255

Administrative Assistant Sarah Bowback 763-285-6257

Director of Advancement TBD

Admissions/Marketing Lorena Fritz 763-285-6256

Youth Minister Katie Kruc, 763-285-6243 Health Office-Dist. 281 Mary Warren 763-285-6271

Kids Club 763-285-6279 Theresa Evans-Ross Kristin Hayes

Athletics
Seth Wilhelm

Parish Business Administrator Mary Daugherty 763-285-6241

School Number 763-537-1329

Parish Office 763-537-4561