



JANUARY 2022

K-8 Pizza Menu

Menu Subject to Change

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Lancer Dining Services does not use peanuts, pork, tree nut or shellfish ingredients. All items are baked or steamed, mindfully made with fresh or frozen vegetables (never canned!), 100% whole grains and a variety of lean meats using heart-healthy oils and low-salt seasonings.</p>				
3-Jan	4-Jan	5-Jan	6-Jan	7-Jan
Beef Hot Dog on WG Bun Veg. Baked Beans Strawberry Applesauce Cup Ketchup PC	Chicken Parmesan Sandwich WG Hamburger Bun Marinara Sauce & Shredded Mozzarella Green Beans Fresh Banana	Sweet & Sour Chicken Veg Brown Rice Fresh Broccoli Fresh Carrots Strawberry Cup Sweet & Sour	BBQ Chicken Sandwich Corn Fresh Orange	PIZZA Fresh Carrots Fresh Apple
10-Jan	11-Jan	12-Jan	13-Jan	14-Jan
Beef Meatball Sub on WG Hoagie Bun w/ Mozzarella Cheese Fresh Carrots Applesauce Cup	Breaded Chicken Patty Sandwich on WG Bun American Cheese Shredded Lettuce Cuke Coins Fresh Apple Mayo PC	Sloppy Joe on WG Bun Corn Peach Cup	Chicken Tenders WG Tea Biscuit Veg Baked Beans Fresh Orange BBQ Sauce PC	PIZZA WG Tortilla Chips Shredded Cheddar & Lettuce Fresh Broccoli Mixed fruit Cup
17-Jan	18-Jan	19-Jan	20-Jan	21-Jan
No School	French Toast & Turkey Sausage Fresh Carrots Fresh Cuke Coins Strawberry Cup Syrup PC	Beef Cheeseburger on WG Bun Veg Baked Beans Applesauce Cup Ketchup PC	Chicken Marinara w/ Mozzarella Cheese WG Teabiscuit Brown Rice Fresh Broccoli Fresh Orange ALTERNATE: SW Chicken Wrap w/ Mozzarella	PIZZA Fresh Carrots Fresh Celery Sticks Fresh Apple
24-Jan	25-Jan	26-Jan	27-Jan	28-Jan
No School	BBQ Drumstick w/ Veg Brown Rice WG Teabiscuit Fresh Carrots Fresh Banana	Turkey w/ Gravy WG Teabiscuit Mashed Potato Celery Peach Cup	Softshell Beef Taco Black Beans WG 8" Tortilla Shredded Cheese & Lettuce Salsa Apple	PIZZA Fresh Broccoli Fresh Cucumber Coins Fresh Orange
31-Jan	MILK VARIETY SERVED AT EVERY MEAL, FAT FREE SKIM, 1%, OR FAT FREE FLAVORED. ALL BREADS SERVED ARE WHOLE GRAIN.			
Beef Hot Dog on WG Bun Veg. Baked Beans Strawberry Applesauce Cup Ketchup PC				