

K-8 APRIL PIZZA LUNCH MENU

LANCER

DINING SERVICES

menu subject to change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
No School	Italian Meat Sauce 6 WG Penne Pasta Fresh Carrots, Ranch Dressing Fresh Banana <i>ALTERNATE: Turkey & Spinach Sandwich</i>	Breaded Chicken Sandwich 7 WG Hamburger Bun Green Beans Applesauce Cup, Mayo <i>ALTERNATE: Southwest Chicken Wrap</i>	No School	No School
5			8	9
No School	Meatball Hoagie w/ Marinara 13 WG 5" Hoagie Bun Mixed Vegetables Fresh Banana <i>ALTERNATE: Chicken Cheddar Wrap</i>	Roast Turkey w/ Gravy 14 WG Tea Biscuit Mashed Potatoes Zucchini Coins Craisins <i>ALTERNATE: Turkey & Spinach Sandwich</i>	Beef Sloppy Joe 8 WG Hamburger Bun Corn Fresh Apple <i>ALTERNATE: Turkey & Cheese Ciabatta</i>	PIZZA 9 Garden Salad, Ranch Dressing Fresh Carrots Strawberry/Banana Applesauce
12			15	16
No School			Teriyaki Chicken 15 WG Hamburger Bun Fresh Broccoli Strawberry Cup Ranch PC <i>ALTERNATE: Southwest Chicken Wrap</i>	PIZZA 16 3 Bean Salad Fresh Orange
Salsa Turkey Burger 19 WG Hamburger Bun Cheddar Cheese Fresh Carrots Ranch Dressing Fresh Apple <i>ALTERNATE: Turkey & Cheese Sandwich</i>	Chicken Fajita 20 WG Tortilla Corn Fresh Banana <i>ALTERNATE: Chicken Caesar Wrap</i>	Sweet & Sour Chicken 21 Fried Vegetable Rice Fresh Broccoli Sweet & Sour Sauce Mixed Fruit cup <i>ALTERNATE: Turkey Club Sub</i>	Taco in a Bag 22 Refried Beans, Shredded Lettuce, Cheddar Cheese Doritos, Diced Tomato Strawberry/Banana Applesauce, UBR Round <i>ALTERNATE: Chicken Cheddar Wrap</i>	PIZZA 23 Fresh Broccoli Cucumber Coins Peach Cup Ranch
Pizza Turkey Burger 26 WG Hamburger Bun Mozzarella Cheese, Corn Strawberry Applesauce Cup <i>ALTERNATE: Southwest Chicken Wrap</i>	Breaded Chicken Sandwich 27 WG Hamburger Bun Fresh Broccoli, Ranch Dressing Garden Salad Fresh Banana <i>ALTERNATE: Turkey & Cheese Ciabatta</i>	BBQ Chicken Drumsticks 28 Vegetable Brown Rice Carrots Strawberry Cup, Ranch <i>ALTERNATE: Turkey & Cheese Sandwich</i>	Chicken Gyro 29 WG 8" Tortilla Fresh Broccoli Fresh Orange Sour Cream and Ranch <i>ALTERNATE: Chicken Caesar Wrap</i>	PIZZA 30 3 Bean Salad Fresh Apple

MILK VARIETY SERVED AT EVERY MEAL, FAT FREE SKIM, 1%, OR FAT FREE FLAVORED. ALL BREADS SERVED ARE WHOLE GRAIN.

"This institution is an equal opportunity provider."

Lancer Dining Services does not use pork, peanut, tree nut or shellfish ingredients. All items are baked or steamed, mindfully made with fresh or frozen vegetables (never canned), 100% whole grains and a variety of lean meats using heart healthy oils and low-salt seasonings.