



DEVELOPING

†STRENGTH †CHARACTER
†LEADERSHIP

Sacred Heart
Tuesdays after school in the Cafeteria
Starts the week of 9/16/2020

“Put on the Full Armor of God”
Ephesians 6:11

A new year of Karate classes is upon us! In these times of uncertainty, Sterling Karate is committed to continue providing the best Christ-centered Childrens Karate classes possible. Our 2020-21 school year will have more class options than ever!

As I look back over the last 5 months I am so encouraged by our students. So many rose up through difficult times, and excelled in a new learning environment. We’ve been up and running with online classes since the 1st day of Quarantine, and had over 100 students participate in our first ever Belt Test and Tournament online!



**Special Price through August 2020*
Sign up & select *your school*, and you may take any class, any time, online or in-person at no extra charge.

Monday	Tuesday	Wednesday	Thursday
	8-9am Zoom	8-9am Zoom	8-9am Zoom
		11:20-12:05pm St. Rose	10-11am Zoom
	12-1pm Zoom		
	2:10-3:05pm Sacred Heart	3-4pm Zoom	
	4-5pm Zoom	4-5pm MN Twisters	4-5pm Zoom
5-6pm MN Twisters	5-6pm MN Twisters		5-6pm MN Twisters

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Information SterlingKarate.com

Register HERE!