



SACRED HEART  
CATHOLIC SCHOOL

## Sacred Heart Catholic School Athletic Policy

\*See Parent/Student Handbook for more details

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### Eligibility:

All participants are representatives of Sacred Heart Catholic School and our Parish community. As representatives, teammates, players, and other team personnel, you agree to abide by the following:

1. Academics—Academic progress will be reviewed periodically. Students must maintain at least a C- in all classes including specialist courses, inclusive of academics, effort and conduct.
2. Any failing grade (F: 59% and below) and/or two (D's: 60-69%) in subject areas as well as incomplete or unsatisfactory work may result in an athletic suspension. Suspensions will be for a minimum of one week.
3. Administration or a panel of the Athletic Director, School Staff and Administration will evaluate all students placed on academic probation/suspension to determine whether or not special circumstances warrant an exception to the probation rule. If an exception is warranted, the panel will work with the coaches to determine a course of action.
4. A student that is suspended from competition due to academics or behavior is not allowed to participate in any team activities or interact with teammates during games/practices until he/she is reinstated.
5. Remember that each athlete is a symbol of the school. Any inappropriate behavior at competitions will be reported to the school administration and athletic director. Appropriate disciplinary measures will then be determined.
6. Parents and coaches will be notified in **writing** of action taken by school administration and/or faculty.
7. Once a student has been suspended and reinstated for the academic reasons stated above, he/she may not be reinstated a second time within the same athletic season.

### Behavior:

1. Inappropriate behavior by a team member and/or his/her parent/s is an option for suspension from the team or removal from the premises. SHCS will follow the 4HG Code of Conduct.
2. SHCS Discipline Policy/Rubric apply to all school related activities or events.
3. Times before or after practices/games are not supervised by coaches. Therefore, players must not be on school grounds unsupervised except during times designated by coaches.

Sacred Heart Catholic School has established these standards to insure the best possible performance by students who represent our community. All decisions will be made final by the school principal and athletic director. Revised, July, 2019.

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## Sacred Heart Catholic School Athletic Policy Registration Form

Approval is hereby given by the parent(s) for participation in the North Suburban Parochial Leagues as a representative of Sacred Heart Catholic School. I (we) assume all risks and hazards incidental to participation, including practices and transportation to and from the activities. I (we) do hereby waive, release, absolve, indemnify and agree to hold harmless Sacred Heart Catholic School, the league, its organizers, supervisors, officials, and participants.

I (we) have read and understand the Athletic Policy in the Parent/Student Handbook, and we agree to abide by the rules set forth by Sacred Heart Catholic School. I (we) give permission for our son/daughter to participate in the Sacred Heart Catholic School Athletic Program.

Student Signature

Date

Parent Signature

Date

### ATHLETIC REGISTRATION FEE SCHEDULE

Sport	Fee/Due Date (early bird)	Fee/Final Due Date
Cross Country	\$40/August 30, 2019	\$50/ Sept. 4, 2019
Volleyball	\$80/ August 30, 2019	\$85/ Sept. 4, 2019
Soccer	\$80/August 30, 2019	\$85/ Sept. 4, 2019
Basketball-boys	\$80/ October 4, 2019	\$85/ October 10, 2019
Basketball-girls	\$80/ November 14, 2019	\$85/ November 22, 2019
Softball	\$95/ March 5, 2020	\$100/ March 11, 2020
Baseball	\$95/ March 5, 2020	\$100/ March 11, 2020

### VOLUNTEER FEE/\*BEVERAGE REQUIREMENT

Student	Volunteer Fee	Volunteer Hours
1	\$ 30.00	2 hours/game shifts per sport
2 or more	\$ 60.00	4 hours/game shifts per sport

- Volunteer Fees are due by the **final registration due date** for each specific sport.
- All shifts will be counted toward each family's overall school volunteer commitment.
- If the volunteer shifts go unfulfilled, the check will be cashed by the end of the sport's season.
- The athletic department also requires that one 12-pack of water, soda, or sport drink be provided by each family for the use of concession sales and for players at off-site field games.

volunteer fee \_\_\_\_ paid \_\_\_\_ returned \_\_\_\_ cashed

beverage donated \_\_\_\_

### CONTACT INFORMATION:

Parent/s Name: \_\_\_\_\_

\_\_\_\_\_ I give permission for  
my contact information to be  
given to the coach.

Phone #1 \_\_\_\_\_

Phone #2 \_\_\_\_\_

I understand that I have been blessed with the opportunity to participate in sports. There are many choices that I will face as a student-athlete, and I pledge to live and play by the standards of the

## 4HG STUDENT CODE OF CONDUCT

Whether at practice or in competition, I commit to:

- + Have an attitude of **GRATITUDE**. I will be thankful for the opportunity to participate in sports and acknowledge the blessings that God has provided.
- + Possess the **GRIT** necessary to stay the course. I will always give my best effort, attack each day with enthusiasm, and persevere through adversity so as to honor my commitment as an athlete and the commitment of the entire team.
- + Choose to exhibit **BRAVERY**. I will use the talents God has given to participate fully, try new things, and win or lose with class so that I may demonstrate faith in His plan.
- + Play with **TEAMWORK** as a driving force. I will represent the school properly, respect my family's name and legacy, and put the team before self by having charity for all.
- + Act from a position of **HUMILITY**. I will be coachable, allow others to shine, and respect my opponents and teammates with the promise that I understand the true purpose of athletics and commit to play them **FOR HIS GLORY**.

## 4HG ATHLETE PRAYER

My Jesus  
I play for Your glory.  
Win or lose, may I always do my  
best and remember that my worth  
is always found in You.  
Holy Spirit, play through me.  
Amen.

4HG STUDENT-ATHLETE

DATE

# FOR HIS GLORY