Don't forget to eat your vegetables.

Sacred Heart Lunch Menu

Fresh Vegetable Choices and Seasonal Fruit are Offered Daily on the Fruit & Vegetable Bar

May 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Roast Turkey WG Bread Stick Crispy Chicken Salad Mashed Potatoes/Gravy	2 Beefy Nachos w/ Homemade Cheese Sauce BOATS Taco Salad Refried Beans	3 Cheese Pizza Pepperoni Pizza
6 WG French Toast Sticks Sausage Patty Breakfast Potato Syrup PC Turkey BLT Wrap (WG)	7 Beef Stroganoff WG Buttered Noodles WG Soft Pan Roll Buffalo Chicken Salad Calico Beans	8 Turkey A La KIng over a WG Biscuit Munchable	9 Chicken Nugget Basket Deli Sandwich (WG) Waffle Fries	10 Cheese Pizza Pepperoni Pizza
13 Sweet and Sour Chicken Bites over Rice WG Soft Pan Roll Chicken Caesar Wrap (WG) Peas	14 WG Lasagna Roll Ups Garlic Toast Yogurt Pak	15 Walking Taco Munchable Spiced Pinto Beans	16 Roasted Hot Dog on WG Bun Ketchup PC Hummus and Veggie Bowl Waffle Fries	17 Cheese Pizza Pepperoni Pizza
20 WG Ravioli w/Meat Sauce WG French Bread Slice WG Chips, Salsa & Cheese	21 Grilled Cheese Sandwich on WG Bread Tomato Soup BOWL/SPOON Deli Sub	22 Chicken Nugget Basket Chef Salad Ranch Wedges	23 WG Soft Shell Taco Taco Salad Calico Beans	24 Cheese Pizza Pepperoni Pizza
27 NO SCHOOL	28 Sloppy Joe on WG Bun Yogurt Pak Baked Beans	29 Popcorn Chicken Bowl Mashed Potatoes/Gravy WG Soft Pan Roll Deli Sandwich Corn	30 Corn Dog Creamy Coleslaw Ketchup PC Chicken Caesar Salad	31 Cheese Pizza Pepperoni Pizza

PRICES

Regular	$0.00
Reduced	$0.00
Adult	$0.00
Adult	$0.00
Extra Entrée	$0.00

HARVEST OF THE MONTH

EXTRA INFO

Milk choice of 1% White or Chocolate Fat Free is included with lunch.
Entree Salads are served with Dinner Roll

WG--Whole Grain

Nourishing the Minds of the Future™ TAHER

Menus are subject to change without notice. This institution is an equal opportunity provider.

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