Don't forget to eat your vegetables.

Sacred Heart Lunch Menu

Fresh Vegetable Choices and Seasonal Fruit are Offered Daily on the Fruit & Vegetable Bar

September 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		29	30	31
3 NO SCHOOL LABOR DAY	4 ***Welcome Back Picnic*** All American Burger Basket w/Kettle Chips Deli Sub Kettle Chips **Chocolate Chip Cookie**	5 ***Ice Cream Month*** Beefy Nachos with Homemade Cheese Sauce Corn Chef Salad	6 Pulled Pork Sandwich on a Bun Taco Salad Baked Beans Coleslaw	7 Cheese Bread with Marinara Yogurt Pack
10 ***National Hot Dog Day*** Top Your Hot Dog! Turkey BLT Wrap Creamy Potato Salad	11 Toasted Cheese Sandwich Tomato Soup Buffalo Chicken Salad **Ice Cream Treat**	12 ***HOM Parsley*** Meatballs & Gravy Fresh Parsley Potatoes French Bread Slice Pretzel Bites w/Cheese Cubes	13 Soft Shell Tacos Deli Sandwich Spiced Pinto Beans	14 BBQ Chicken Sandwich Yogurt Pack
17 Fish Nugget Basket and a Soft Pan Roll French Fries Chicken Caesar Wrap	18 Inside Out Pot Pie 7 Layer Salad	19 Crispy Chicken Nuggets and a French Bread Slice Ranch Potato Wedges Munchable **Rice Krispy Treat**	20 Walking Taco Deli Sub	21 ***HOM Cucumber*** Golden Corn Dog Crispy Chicken Salad
24 Chicken Tenders with Breadstick WG Chips, Salsa, Cheese Cubes California Vegetable Blend	25 Chicken Gyro Deli Sub Minted Fruit Salad	26 Pulled Pork on a Bun Chef Salad Lemon Garbanzo Salad **Ice Cream Treat**	27 ***HOM Peach*** Salisbury Steak Mashed Potatoes Gravy Taco Salad	28 Popcorn Chicken Bowl Yogurt Pack

PRICES

Regular	$0.00
Reduced	$0.00
Adult	$0.00
Adult	$0.00
Extra Entrée	$0.00

HARVEST OF THE MONTH

EXTRA INFO

Milk choice of 1% White, Skim or Chocolate Skim is included with lunch.
Entree Salads are served with Dinner Roll
For questions or comments, contact xxxxxx xxxxxxxxxxx at 555-555-5555 x1210 or email xxxxxxxxx@xxxxxxx.com

Nourishing the Minds of the Future™ TAHER

Menus are subject to change without notice. This institution is an equal opportunity provider.

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