## MEDICATION AND HEALTH INFORMATION

Sacred Heart School follows Robbinsdale District 281 Health Services policies and procedures. For the safety of all students medication is administered according to District policy.

When a student needs medication during the day, it is preferable to give it at home. Medicine prescribed three times a day can be given before school, after school and at bedtime. When this is not possible, please help us with the following requirements:

- To administer FDA approved medication, a written medication order from the student's licensed health care provider <u>and</u> written parent/guardian consent is required annually. This includes all prescription and over-the-counter medication (i.e. Tylenol®, Advil®, cough drops, cold medication, etc.).
- All prescription medication must be brought to school in the original pharmacy labeled container or over-the-counter package. <u>No medications will be accepted in plastic bags.</u>
- Parents/Guardians must immediately notify the school health office of any medication change(s) (i.e. medication discontinued, dosage change, etc.). For any updates, a new medication order must be completed and on file in the health office.
- Medications must be picked up directly by a parent/guardian from the health office on the last day of school. An exception to this rule is students may self-carry asthma inhalers and Epi-Pens home with parent/guardian permission.

Please complete the Student Health Information form and return to the Health office before the first day of school.

## **IMMUNIZATIONS**

Minnesota law requires certain immunizations, or written proof of exemption, for all students to attend school. Students are not allowed to attend school until they are in compliance with current state health regulations. Please send current paperwork to the health office prior to the first day of school.

## CONTACT

Contact Amber Spaniol, Licensed School Nurse at <a href="mailto:amber\_spaniol@rdale.org">amber\_spaniol@rdale.org</a> or #763-504-8080 with any health questions.

Visit www.rdale.org > Departments > Health Services for futher health information and forms.